





# Local climber dies despite rescue try

By JOHN ADAMS

The story of the heroic efforts to save the life of mountain climber Cynthia Ann Coleman has filtered out of remote Katmandu.

A memorial mass for Coleman, a UC-Berkeley graduate and longtime El Cerrito resident and climber, will be held at 6:30 p.m. Thursday at St. John The Baptist Church in El Cerrito.

News of the 36-year-old's death was forwarded by the U.S. State Department shortly after her fatal accident in the Himalayas Dec. 12.

Her father, Lawrence Coleman, said his daughter had conducted climbing tours in the Himalayas for four years. She had just completed a tour, but before returning herself, decided to cross a remote 16,000-foot pass with her two best guides before returning here.

She and the two Sherpas undertook the perilous crossing, but she was struck by falling rock while crossing the glacier leading to the Tashi Lapcha Pass in the Rolwaling Himal region of the Himalayas.

"She was scheduled to be back here Dec. 22," said her father. "The accident occurred while they were still eight days out. You can see the fatal accident occurred on the last possible day before she turned back."

Following the accident, the two Sherpas, skilled climbers, quickly moved to get help for their fallen companion.

Since she was clearly in a condition where it would be fatal to move her, one guide stayed with her while the other climbed back to Katmandu for help. "He covered the eight day journey in three days," said Coleman. "You can see he must have run both day and night."

The Sherpa sought help from Dr. David Peterson of the Clinic at Katmandu. Peterson used a helicopter to make the return to the remote mountain pass, but Miss Coleman was dead by the time he arrived.

Her father, a manager of environmental compliance at Chevron USA in San Francisco, stressed how proud he was of those who attempted to save his daughter.

Born in Ithaca N.Y., she attended East Bay schools all her life, graduating from St. John The Baptist School, then Holy Names High School and UC-Berkeley in English. She then attained a master's degree in English from Sonoma State University.

Survivors include her longtime friend, Donald Carlson of Pacifica; parents Mr. and Mrs. Lawrence Coleman of El Cerrito; her sisters, Christine Coleman, Mari Ryan, and Roberta Fabiani; her brothers, David, Peter, Rene and Edward.

Burial was in the Himalaya Mountains. The family prefers memorials to a fund the aid the Nepal Search and Rescue Units headquartered in Katmandu, Nepal, care of Donald Carlson, 724 Rockaway Beach Ave., Pacifica, Ca., 94044.

# Domestic fight ends in 2 destroyed cars

ALBANY — An argument in a parking lot between a Pinole couple escalated into violence, when the husband forced his pregnant wife into a car and drove off with the woman hanging out of the passenger door.

Lorenzo L. O'Neal, a 30-year-old resident of Bayview Farm in Pinole, was arrested Dec. 12 and charged with assault with a deadly weapon, battery and reckless driving.

Police gave this account: The couple were arguing in the parking lot of Sam's Pharmacy on Solano Avenue about 7 p.m. O'Neal forced his wife into the car and drove down Washington Avenue, dragging his wife, who was hanging out of the passenger side of the car.

When a police car pulled in front of O'Neal's car, O'Neal drove over a lawn and hit a telephone pole. The car door was torn off and his wife was thrown clear.

O'Neal, driving about 50 m.p.h., then ran his car into a car parked near Cornell and Washington Avenues. Both cars were destroyed.

O'Neal's wife had face and stomach injuries and was taken to a hospital.

# Music classes offered, dust off your saxes

ALBANY — The Albany Adult School has scheduled instrumental music courses for the winter quarter, Jan. 3 to March 9.

Beginning and intermediate classes will be held in flute, bluegrass banjo, guitar, folk guitar, and recorder. Most classes meet for an hour-and-a-half, one evening a week. Students should bring a musical instrument to the first class meeting.

Tuition ranges from \$18 to \$27 and may be paid at the first class meeting. Enrollment is open to all adults regardless of city resident.

For additional information call 526-6811.

# Plant pathologist joins research center

ALBANY — Dr. Raymond McGuire, son of Glenn and Dorothy McGuire of Stannage Street, is the new plant pathologist at the Agricultural Research and Education Center in Bradenton, Florida.

He will be conducting experiments regarding the diseases of tomatoes and green peppers.

McGuire was born in Alameda, and received his bachelor's and master's degrees in plant pathology from UC-Davis and his doctorate in plant pathology from the University of Wisconsin.

# MEMORIES

(Continued from Page 1)

climbed mountains all over the world, won't go. "He says it's too flat for him," she said.

For Reeve, one of his warmest holiday memories was when his mother-in-law visited from Northern Wales.

As for being lonely, he said, "I've got a wife, five kids and a dog. Sometimes I'd like to be lonely."

"I've been lucky. I think. All of my Christmases have been pretty doggone routine family-style scenarios."

# Roberta Alexander

# Season's bleatings

Hi there. Yes, I mean you, the one in bed, hiding under the covers until all this Christmas hoopla is over.

I know you're in there, and I know how you feel. Not everybody starts polishing the fruitcake tins every fall in anticipation of a season of joy.

There's a name for those of us who greet the post-Halloween frenzy with definitely mitigated glee. "Holiday depression syndrome," it's called, and now that it has a name and a pathology, assorted therapists have crawled out of the woodwork to explain us to ourselves.

All this attention has served a useful function, in showing us that we are not alone. It is always easier to feel crazy when you think you are the only one who suffers.

But the more I think about it, the less I like the idea of lumping these feelings together and giving them a disease label. That defines the people who feel this way as somehow less than normal. It makes more sense to me to assume that the currently named depressives are normal, and that all those people running around with armloads of gifts and crammed social calendars are suffering from "aggravated holiday hysteria." I just made that name up, but it has a nice ring.

It isn't that I haven't tried. But I didn't grow up with Christmas, and even though my kids enjoy the tree and the tinsel and the presents, I would just as soon move directly into January (do not pass go, do not collect \$200).

A few years ago, I joined a short-term group that dealt with holiday depression. Beginning in early November, about 10 of us got together once a week, under the benign eye of a social worker, and talked about our feelings.

What struck me about that group was how different we all were. We all found the holiday season in some degree difficult, but otherwise, variety abounded. There was an elderly woman who missed her now-dead family, an elderly man who cried through each meeting (at the second meeting, the social worker encouraged him to find more appropriate therapy), a young woman whose family lived abroad, and an assortment of others who didn't seem

to fit into any category.

My own feelings centered around the expected exactly whose wasn't clear — that I had to make the days into a wonderful time for others. Once I started to examine this feeling, I was able to get some perspective on it. My feeling didn't go away, but I was able to manage myself that I had some options, and over time it has diminished.

I'm not sure if the group was as useful for everyone. One woman tried to use it as a substitute for the friends that she missed, and this created new problems. She announced one evening that she was planning a trimming party the following Wednesday night, and she wanted us all to attend.

A couple of people were pleased, the rest were not. I didn't sound like a good idea to me, as I was particularly interested in increased holiday participation and I said that I didn't think I could come.

"Oh, please come," she said. "It will be fun for all children."

"Thanks for asking," I said. "But don't count on us."

Now maybe I should have said that I didn't want to get involved with her and her desire to create an intimacy. I thought I was being kind by not saying that. Maybe I was wrong.

At the following week's session, she greeted me with fury.

"Where were you?" she cried. "We waited for you. You had gifts for your children. Why didn't you come?"

I answered reasonably enough that I had no time. Her presence was doubtful, but she wasn't listening. I left the plaintive note in her voice and knew that she had a frantic need for closeness and resented me for denying her of it.

These days I enjoy some things about the holiday season, for example — and ignore others, like making egg nog. By and large, I've come to terms with my enthusiasm for Christmas. But every year I think of that old woman, and I hope she's been as fortunate

# Municipal ordinances readied

(Continued from Page 1)

troubled pension system for fire and police employees who were hired before 1971. The board is in charge of the pension funds and disbursing monthly payments.

For the past two years the pension board has recommended the Council find a way to keep the fund from going bankrupt. In response to the financial crisis, the Council approved a property tax to bail out the system. The tax has raised more than \$600,000 over the two years.

Catherine Webb reported that the Albany Historical Society's book, "The Stories of Albany," was out, but many of the 2000 copies have defective bindings.

The \$15 book commemorates Albany's 75th anniversary. Webb said it was printed by E and M Offset Printing Co.

Webb said the printing company might have to replace the books' covers in order to correct the problem. At

the distribution Dec. 17 at the Veteran's Memorial Building, many people said pages of their book just fell out.

The book is on sale at the Albany Chamber of Commerce on Solano Avenue. Webb said purchases will return the book to the printing company for rebinding.

In other action, the Council voted:

• To approve the purchase of two gasoline pumps for \$1,947 for the public works department.

• To install a larger catch basin on the corner of Solano and San Pablo Avenues next to Max's Liquor.

\$3,000 basin will help prevent flooding on the cornering heavy rains.

• To contract with the City of Berkeley to repair and maintain Albany's fire department equipment. Fire Chief Horace I. (Mike) Koepke said the department can farm the work out to a number of private repair shops which charge about \$50 an hour. The Berkeley city close by and charges only \$25 an hour, Koepke said.

The Council has canceled its Dec. 27 meeting.

# Plaza sale came as a surprise

(Continued from Page 1)

though Kornwasser would give neither details of construction plans nor the purchase price until the sale has been completed. He said all leases that tenants have with the current owner would continue unchanged.

After the sale, "We'll be in touch with the mayor, the planning department and the city staff," Kornwasser said.

With El Cerrito eyeing developers to increase revenue from sales tax, improvement of the Plaza is a must, yet the upcoming sale was news to

city staff and office holders.

Randy Starbuck, the redevelopment associate hired by this city this year to encourage development, said the sale came as a surprise to him. So did Mayor Howard Abelson. "The buyer has not contacted the city," Abelson said. "He's not somebody seeking publicity."

Three years ago, the Chicago-based Homart Development Co. paid \$8 million for its share of the Plaza. The current asking price was said to be approximately \$18 million, al-

though Homart officials have not commented on the sale.

Robert Bacon, City Council member, and owner of two stores in the Plaza, welcomed the move.

"Any change in ownership would be a positive step," he said. "I'm looking forward to it with the new owners."

Despite its prime location in the Plaza, which was a built-in disadvantage in recent years, part cause of competition from the Hilltop Mall shopping center in Richmond.

# Nicora loses in landfill court fight

(Continued from Page 1)

passed an ordinance limiting the type of waste which could be dumped at the Buchanan Street site. The suit also asked for a contract extension since the city's action, which limited dumping to "clean fill," had undermined Nicora's profits.

The 20-year contract between the city and Nicora expires Dec. 31, 1983.

Zweben said the ruling strengthens the city's efforts to regain control of the valuable waterfront property.

"This decision clears up a lot of muddy water," Zweben said. "They have been asking the court to give them an extension of the contract. But now they have been blitzed out of the courtroom."

Nicora referred questions to his lawyer, Lee Rosenthal. Rosenthal did not return repeated telephone calls.

Nicora could ask McKibben for a rehearing or he could appeal the decision.

McKibben's ruling is the latest rebuff Nicora has had from the courts. In 1980 a superior court decision tossed Nicora's first breach-of-contract suit out, saying it was a "non-suit." A California Court of Appeal ruling upheld this decision in August.

In the meantime, the eviction attempts by the city have failed. The city lost two eviction suits against Nicora and has appealed both decisions.

Returning the landfill property to city control is a crucial step in long-awaited plans to develop Albany's waterfront. The city has applied for a

\$2.5 million state grant to develop the landfill site. The closure was the first step towards preparing the site for waterfront property, commercial and recreational development.

City Administrator William has said if city receives the closing the site could begin spring.

Earlier this month the City passed an ordinance making it illegal to dump or operate a business at the landfill after Dec. 31. But city officials say they doubt Nicora will voluntarily close the site by then.

"It is nice to have this ruling in favor, although the legal battle over the landfill operator is progressing," Zweben told the City Council. "I think (Nicora) is out of legal leverage. But I know what this means for the

# Watercolor on display

The East Bay Watercolor Society presents an exhibit of selected works at the Alta Bates Hospital Community Art Gallery, through Jan. 6. Open daily between 7 a.m. and 8 p.m., available for viewing and purchase in the main lobby at 3001 St. in Berkeley. There is no charge.



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# Government

## Is his auto collection a hobby or business?

By JIM GRODNIK

**EL CERRITO**—Robert O. Petee would be the first to admit his auto collection doesn't rival Harrah's, but nevertheless he wants to keep it. On the other hand, the city of El Cerrito, responding to neighborhood complaints, is living at the corner of the street and in his backyard.

In the collection is a '65 postal van that's been in government service, an Austin America, a '73 Ford Comet, and a source of particular irritation to neighbors—a Philippines Airlines truck. Petee bought the truck—a bargain for \$1,200, he said—for the man across the street. "It's not pretty, but it

city claims Petee is fixing up vehicles and then selling them. One neighbor said he's running an auto repair business.

Petee said he buys the cars and puts them in running order for his own use and for the use of his 10 grown children.

Last week, he painted and tuned the Philippine Airlines truck in preparation for a two-week vacation in Mississippi. He said he keeps his vehicles in top running order, but they are not aesthetically pleasing.

Petee is not a body man," he said. Many of the complaints about Petee come from the house next door, owned by Bonds Properties. Bonds complain that Petee's assortment of vehicles is blocking street parking. The owner of the building, Bonds, sent letters to his tenants asking them to stop Petee's repair activity.

At the last City Council meeting, Elizabeth Catenesi, who works for Bonds, recited a list of grievances against

Petee that Petee is in the repair business and that his collection of vehicles is an eyesore. "We want him to get out of business out of there permanently," she said. At the same meeting, Pearl Cranston, who canvassed the neighborhood before the recent city election, found the neighborhood is up in arms about this. "She said we don't want El Cerrito to turn into a tenement city."

Petee has been keeping a close watch on Petee's cars. He said he has received ten \$25 tickets for cars in one spot more than three days, and his cars are towed many times. Now he rotates the cars regularly.

Manager Ron Creagh said, "He's pretty crafty." Petee said he has given the police department instructions to increase enforcement, but unless Petee can be breaking the law, nothing can be done.

Petee can shake our fists all we want, but if we can't



Robert Petee in his yard

—Times Journal photo by Karen Preuss

back it up, we're just moving air around," Creagh said. To back up the city's irritation, William Bullard, city attorney, wrote Petee a letter saying he was violating zoning ordinances by the "acquisition, repair and sales" of vehicles.

The letter also said that by keeping vehicles in his back yard, Petee was violating zoning ordinances. Bullard said in a telephone conversation that "we have information that he is actually acquiring, fixing and selling used automobiles."

Bullard conceded that by building a fence to block the view from the street, Petee would be in compliance with city code. "If he's just keeping vehicles and they're

screened (behind a fence) there's no violation."

Petee is adamant that he's in neither the repair nor resale business.

"The police have been checking me out for three years and they have never found me working on autos that were not registered in my name," he said.

He said he has sold only two cars in the last 10 years, and those were to friends.

He's going to store the cars at his daughter's house while he's on vacation. When he returns he plans, reluctantly, to sell a few.

"Since the city's giving me such a hassle, I'll sell a couple, but I won't give them away," he said.

## City officials face decision on re-election

By FRANCES THOMAS

**ALBANY**—The city's municipal election is four months away, but elected officials are quietly weighing the pros and cons of another term in office.

Candidates for the Albany School Board, the City Council and City Treasurer's position have until Feb. 2, 1984 to file their nomination papers. So far, only Treasurer Joann K. Honer has announced that she will run for reelection. City Council and school board members are mulling over another four-year time commitment or saving their announcements until closer to the filing deadline.

All officials whose seats are up for election are eligible to run again. The city charter lists officials to two consecutive four year terms, after which a politician must take at least a two-year break.

The election date is Tuesday, April 10.

Three City Council seats are up for election: the seats held by Mayor Ruth Ganong, and Council members William Johns and Robert Nichols. Ganong and Johns are completing their first four-year term of office. Nichols was appointed in September, 1982 to replace Anne Rotramel, who had resigned.

Two school board seats will be open: the seats held by board president Robert Nehls and member Gerald Brunetti. Nehls is completing his first four-year term. He previously served 14 years on the board, before a charter amendment prohibited lengthy terms. Brunetti also is serving his first term.

Treasurer Honer is completing her first four-year term. Unlike Council and board members, Honer is not restricted by the two-term limit.

Jacqueline Bucholz, the city clerk, said the nomination period for candidates runs from Jan. 12 to Feb. 2. If an incumbent does not file by the Feb. 2 deadline, the deadline for that office will be extended to Feb. 7 at 5 p.m.

On Feb. 9, Bucholz will draw the candidates' names, determining where each will appear on the ballot.

## TIMES JOURNAL

(A consolidation of The El Cerrito Journal and Albany Times)

Established October 3, 1979

PUBLISHED EVERY WEDNESDAY & SUNDAY

At Albany, Alameda County and El Cerrito, Contra Costa County, California

by North Bay Newspapers/OSWEG Publications Inc.

OFFICE: 1247 Solano Avenue, Albany, Calif. 94706

(415) 525-2644

North Bay Newspapers/OSWEG Publications Inc., adjudged for general circulation by order of the Superior Courts of Contra Costa and Alameda Counties. The Times Journal is the legal newspaper for the Cities of El Cerrito and Albany.

### SUBSCRIPTION RATES

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## It's acquittal and deadlock E.C. cop vs. citizen brawl

By HAROLD KRUGER

Municipal Court jury has acquitted one defendant in a failed to reach a verdict on the other involved in a July 1981 wedding party brawl with El Cerrito

verdicts last week came after a day of deliberating an eight-day trial, considered unusually long for a misdemeanor case.

The jury returned a not guilty verdict on Dwight Marglon, who was charged with a misdemeanor offense of beating a police officer.

The jury hung on the two misdemeanor charges against Donald Marglon, who allegedly broke a police officer's arm.

Disappointed that a verdict couldn't be reached, Deputy District Attorney Harlan Grossman was a very long trial. I thought the jury tried very

long and Matthews were originally charged with battery counts after the July 11, 1981, altercation in the parking lot of the El Cerrito Community

The charges were later reduced to misdemeanors. Matthews testified during the trial he was "scared to death" during the fight with police.

He said he was thrown into a planter box by the officers.

"I was more afraid than angry," he said. Matthews said he suffered a twisted right knee and bruises on his back and chest.

Officer Scott Kirkland received a broken nose during the altercation.

Police were originally called to break up a fight inside the Community Center. By the time they arrived, the fight was over, but as they tried to arrest a suspect in the parking lot, Marglon and Matthews intervened.

Defense attorneys said the officers acted like "pumped up rogue elephants" and made the situation worse.

Three civil suits stemming from the incident are still pending in Superior Court.

Grossman said a new trial date for Marglon would be set this week. He said the jury voted 10-2 and 8-4 for convictions on both counts.

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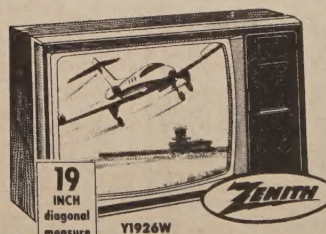
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# Sports

## Richmond Oilers trounce Cougar girl cagers, 60-2

By DALE COLEY

After being on the unpleasant end of massive blow-outs and having to watch his Richmond girls' basketball team suffer from lopsided scores last season, Oiler coach Rich Hopkins had his chance to retaliate Thursday afternoon.

Melanie Rubin led the Oilers to a 60-26 pounding of the Albany High School Cougars before a large crowd in the Richmond gym, despite the unusual 5 p.m. starting time.

Albany's record fell to 0-4, while Richmond is 2-8. Hopkins had a chance to pour salt in the overmatched Cougars' wounds, but he remembered the onslaughts his team suffered last season, and the memories seemed to bring out his merciful side.

Hopkins substituted liberally, but any combination of players on the court still seemed to score at will.

"I expected the game to go just like this, but you never know," said Hopkins, remembering that just a week ago he anticipated his team's first victory of the season

against hapless Casa Grande. "We definitely should have won that game, but girls thought they could win without hustling."

Richmond had remarkably well-balanced scoring led by Rubin's 15 points. She was followed by Sabrina Terrell with 12, Trina Cox and Lisa Walker with eight each and Ronetta Eldridge and Sandra Jett with six apiece.

No Albany player had more than six points. The 4-9 Rubin stole the show. Despite having to sit down early in the contest with four fouls, the Richmond guard found enough time to make 12 steals. She wore a smile as she raced from end line to end line in an attempt to outmaneuver her Cougar opponents.

Time and again Rubin would find a way to slither the ball through the larger defenders and into the basket while drawing a foul in the process.

Albany stayed close in the early minutes, but fell behind by the end of the first quarter, 12-6.

The Oilers iced the contest by outscoring the Cougars by a 24-11 margin in the second quarter.



Albany's Terrell tries to elude Richmond guard Melanie Rubin.

Photo by Keith Simonian

### Star out

El Cerrito High School basketball star Karryl Smith, right, suffered strained ligaments in a game last week with Ignacio Valley High School and will be out of action indefinitely. The injury came in the fourth quarter of the game, won by Ygnacio 65-35. Smith had 12 points and 13 rebounds when she was forced to leave the game. El Cerrito is 5-4 on the season. The game was part of the Titan Classic tournament at Skyline High School in Oakland.

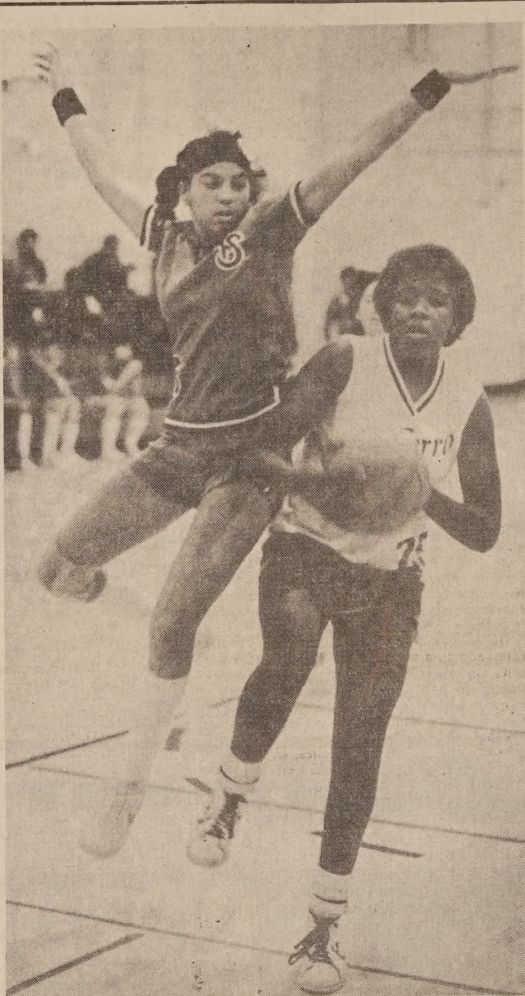


Photo by Keith Simonian

## Cougars win one from Sunsets

By DON AUGUST

As the Albany Cougars took to the court against Sunset Friday night, the outlook appeared bleak for the Cougars.

They were on a four-game losing streak, and their leading scorer and rebounder, Frank Rice, didn't make the trip.

However, nobody told the young Albany team that, as they ran off a 59-55 victory against the host Sunset team, evening their non-league record at 4-4.

Did the Cougars shake off their drubbing at Napa?

Albany shot more than 50 percent in the first half (40 percent for the game), out-rebounded Sunset 37-18, and forced Sunset into committing more than 20 turnovers.

Why the change?

"The intensity was good, and they were aggressive," said Cougar coach Doug Kagawa. "We made up for our lack of size."

Size the Cougars didn't have. Neither 6-foot Art Tado, nor 6-5 Rice played, leaving 6-foot Art Tado, the tallest Cougar. But the Cougars' speed overcame their lack of height.

"We were quick, got a few more layups, pressed the whole game, and caused some turnovers," Kagawa.

Taking up the slack for Albany was a trio of Derrick Johnson and Art Collins had 14 points while Cary Willson poured in 12. Johnson and Collins were defensive and pulled down 13 and 10 rebounds, respectively.

However, as league play quickly approaches, has a question to ponder. Which Cougar team will the ACAL: the team that got blown out in Napa, or the team that downed Sunset without any size?

"Hopefully, it will be the latter," said Doug Kagawa.

## Sports wrap-up

### Albany

In wrestling competition, the Cougars fell to McClymonds High School in Oakland 26-44.

Perry Coulouthros, Justin Oxtot, Mark Viale, Jay Yokomizo and Rod Windsor won their matches.

Against Jefferson High, Daly City, the Cougar matmen were edged 36-38. Winning wrestlers were Chris Holaday, Coulouthros, Oxtot, Viale and Yokomizo. In the Bay Area Invitational tournament Oxtot placed fifth.

The Albany wrestling squad fell to Livermore, 21-46, in a match that saw victories by Cougars Coulouthros, Viale, Miles Orkin and Richard Pruyn.

Against Castlemont High, freshman heavyweight Scott Thomson, wrestling in his first varsity match, broke a 30-30 tie to carry the Cougars to a 36-30 win. Coach Kermit Bankson said Thomson's performance was outstanding. "Everything was riding on him," Bankson said. Other winners against Castlemont were Coulouthros, Oxtot, Mike Harbarth, Keith Beals, Pruyn and Orkin.

A second-half collapse against Holy Names High School sent the Cougar girls tumbling to their fifth straight loss. After being down by just one point at the half, Albany could score only 3 points in the second-half, losing 24-53.

Coach Yvonne Arnold said the team's biggest problem is lack of offensive consistency. She said the team is improving game-by-game and experience will lead to further improvement.

On Saturday, the Cougars fell to the Richmond

Oilers 26-60.

After five games, guard Lisa Borraes, who averages 4.4 points and 7.6 rebounds a game, is the leading Albany scorer. Guard Tony Holms, averaging 4.4 points and 7.6 rebounds a game, is the leading Albany scorer. Guard Tony Holms, averaging 4.4 points and 7.6 rebounds a game, is the leading Albany scorer. Guard Tony Holms, averaging 4.4 points and 7.6 rebounds a game, is the leading Albany scorer.

### El Cerrito

The Gaucha boys' team walked away with a win in the Gaucha Tournament in Napa 15-17. In the opener, the Gauchos topped Oxtot 43.

They followed up with a 59-46 win over Sunset, then won the tournament with a 70-42 over Dorado.

For the Gauchos, guard Tony Holms was the tournament's most valuable player. Holms and Nichols were both named all-tournament. Tony Holms, El Cerrito takes on Skyline High School in Cerrito court.

The Gaucha girls lost to Ygnacio Valley in last weeks, 35-65, and star Karryl Smith was definitely with strained ligaments.

In the Skyline Tournament in Oakland, the girls were defeated by Newark Memorial, 34-40. Jackson led the Gauchos with 20 points.

In the seventh-place game of the Skyline tournament, El Cerrito was edged by San Leandro 30-24. Cynthia Jackson scored 13 points, but it was a freshman guard, added eight points, but it was as the Gauchos lost a four point third-quarter

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## Gaucha girl cagers hurting

El Cerrito is in the process of attempting to reconstruct its team without the talents of Karryl Smith, who may be lost for the season with a knee injury.

In their first outing without the veteran forward, the Gauchos bowed to Newark Memorial in the Titan Tournament at Skyline High School Friday, 64-34. Smith was injured a day earlier during a 63-35 loss to Ygnacio Valley in

which she scored 12 points before damaging a ligament.

Cynthia Jackson attempted to pick up the slack Friday against Memorial, pouring in 20 points.

Jackson came back Saturday with a 30-point performance and made 13 rebounds in the loss to San Leandro. "She played a super game," commented coach Bill Hardin. "Lisa Nakamura also was out-

standing at guard."

The Gauchos will resume action at home Thursday for a 5:15 p.m. game with Harry Ellis.

### Holiday sing

The parish of St. Mary Magdalen will hold a Christmas sing on Friday, Dec. 23, beginning at 7:30 p.m.

Christmas carols and readings will be followed by refreshments. Children are welcome.

The church is located at 2005 Berryman St., in north Berkeley. Call 526-4811 for more information.

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# Canvassing for clean air

## Environmentalists bring campaign to Albany

By FRANCES THOMAS

ALBANY — An environmental watchdog group begins a door-to-door campaign this month to take pollution complaints, alert citizens to the toxic waste going into the San Francisco Bay, and raise money for Citizens for a Better Environment (CBE), a non-profit corporation, begins its Albany canvass on Dec. 26. Charlotte d'Anjou, the East Bay canvass coordinator for the organization, said the canvassers would focus on the CBE report which found private companies and municipal sewage plants pouring millions of pounds of toxic waste, oil and metals into the San Francisco Bay. The Alameda County District were among the 12 largest Bay Area toxic polluters, according to the report.

The December report was widely reported in local newspapers, an indication that people are more knowledgeable about environmental problems than they were several years ago, d'Anjou said.

"As recently as five or six years ago, people did not know what a toxic substance was," she said. "Then Love Canal and Times Beach, Mo. happened. Now people's main question is about hazardous waste or toxic substances."

In both those communities, the federal Environmental Protection Agency (EPA) found massive amounts of toxic waste. The disaster was so severe in Times Beach residents were forced to leave and the EPA bought the property.

Bay Area residents face a different problem, d'Anjou said. Her organization is concerned that solvents, which are used by Silicon Valley electronics companies, are being dumped into Santa Clara County's ground water. D'Anjou said CBE helped write a Santa Clara County ordinance to control the disposal of these hazardous solvents.

The environmental organization was founded in 1970 by Mark Anderson, a former regional sales manager for an encyclopedia company.

"The story is told that Mark Anderson was standing

in Lake Michigan one day and couldn't see his feet," d'Anjou said. "Anderson got ticked off and pitched his good job. He said 'If we can go door-to-door and sell encyclopedias, we can canvass on this (environmental) issue.'"

According to the organization's 1982 annual report, canvassers collected \$1 million from 150,000 people last year. These contributions accounted for 75 percent of the organization's 1982 budget. The San Francisco branch, including the East Bay, collected about \$300,000 last year.

D'Anjou said a November canvass drive in El Cerrito netted the organization about \$5,200. The organization uses paid canvassers, who receive a base salary and a commission. About one in four people will talk with the canvasser and perhaps make a donation, she said.

"A lot of people are only interested in what is going on in their own back yard," she said. "We don't argue or proselytize, but occasionally we will get into a friendly debate."

Sometime a conversation on a doorstep can lead CBE to a unknown source of pollution. The organization recently settled a four-year-old legal case with a Santa Clara cement company.

"The Cupertino cement complaint started with a conversation on somebody's porch," d'Anjou said.

A CBE report said the settlement would reduce the company's sulfur dioxide emissions by 50 percent.

Competition for money among environmental groups is stiff these days, since federal and state funding sources has dried up, she said. But d'Anjou said many people are worried about the Reagan administration's environmental policy, and that worry translated into more contributions. The president's policy was tarnished this year by the EPA scandal, which resulted in the resignation of EPA Administrator Anne G. Burford, and the frequent flaps caused by former Secretary of the Interior James Watt.

"With cuts in funding, Watt, and the EPA resignations, Reagan has actually increased our contributions," d'Anjou said. "I had one woman give me \$10, because she was so ashamed of having voted for Reagan."



Citizens for a Better Environment (l.-r.): Sandra Wyld, Thomas Murphy, Jon Mahrer, Char d'Anjou, and Betty Winkler.

# Saving the Kensington view

By FRANCES THOMAS

KENSINGTON — The Contra Costa County Board of Supervisors is set to approve a tree-view ordinance, designed to keep hillside property owners from losing their expensive views.

Members of the Kensington Improvement Club have lobbied for a tree-view ordinance for at least six years. After years of drafts, redrafts, special committees and meetings with the county, the Board of Supervisors is scheduled to approve the ordinance on Jan. 17.

Although the 800-member club has not formally endorsed the proposed ordinance, a club committee helped draft it. In a summary of the ordinance, the Kensington Improvement Committee said:

"The (tree-view) problem is an especially serious one because of the fact that in this particular part of the county a homeowner often pays \$15,000 to \$30,000 more for a lot because it has a view, but then has no assurance the view can be maintained."

Lawrence Thal, a member of the committee which drafted the proposed ordinance, said at a November meeting before the Board of Supervisors that "absolutely nobody opposed the ordinance."

Anthony Dehaesus, the county's director of planning, said after the supervisors approve the ordinance,

zoning changes must be made so that the ordinance applies only to Kensington.

"There will be further hearings to apply the regulations to a particular area defined on a zoning map," he said. "Kensington is the only part of the county that seems interested."

Dehaesus said the zoning changes could take about six months, and must be approved by the supervisors.

The proposed ordinance is modeled after a similar one in Oakland. Kensington residents will resolve their disputes privately, using arbitration or, if necessary, litigation. County officials would not be involved or required to settle disputes, and the county will not pay any costs.

If adopted, the "self-enforcing" ordinance would work like this:

A property owner who believes his or her view is obstructed, notifies the tree owner in writing. If the two cannot agree on a solution, the problem is submitted to arbitration by a landscape architect. The cost of the arbitration and restoring the view is split between the two property owners, if the tree is planted after the ordinance is adopted. Otherwise, the owner seeking to restore the view pays the cost.

If a property owner refuses arbitration, the dispute can be settled through a civil suit.

The proposed ordinance does not provide a view to someone who never had one. The Kensington Club's summary statement also said the arbitrator must consider the wildlife, soil stability, vegetation and possible value of the tree before making a decision.

If a tree does block a view, the ordinance recommends only trimming or thinning the branches if feasible.

# Fifteen-year old boy needs foster home

A foster home is needed for Eric, a blond, wiry 15-year-old boy.

(Eric not his real name) enjoys sports, likes to repair and do carpentry work. Last summer he helped a neighbor do carpentry and tile laying.

He will need a foster home until he is 18. His mother is not able to provide a home and has very little contact with him.

If you are interested in providing a home for Eric, call Contra Costa County Foster Home Licensing at 874-5920. The fee for board and care of teenagers is \$323 per month. Medical expenses are covered by Medi-Cal.

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# The Point wins a reprieve

The Point's Norma Mills, Jeff Hilton, Ollie Armstrong and Ramona Longpre



deadline. Of the restaurant's 10 part-time employees, wait-

By CATHERINE SCHUTZ

**P**POINT RICHMOND — The Point bar and restaurant, slated for closure next week, has won a three-month reprieve.

Ramona Longpre said last Friday that her accountant, Al De Roo, had worked out a deal with building owner Doug Pounds to allow the restaurant, home of the best garlic croissants in the Western Hemisphere, to remain in business while Longpre and her partner Jay Ward negotiate for a new building.

"Al talked to Mr. Pounds and it seems that he talked him into giving us 90 more days to relocate," Longpre said. "This gives us time. We would like everybody to know we will be here."

Pounds, of Atherton, plans to remodel the building at 32 Washington Ave. and had told the restaurateurs they had to be out by Jan. 1. Longpre said earlier this week they had known of Pounds' renovation plans but were caught by surprise by the

ress Ollie Armstrong and chef Jeff Hilton have been with the establishment virtually since it opened 10 years ago.

Longpre and Ward are trying to find another Point Richmond location for the popular watering hole where Dick Oxtot and his Golden Age Jazz Band has entertained weekend guests for eight years.

"I enjoyed it down there, I met a lot of good people," said Oxtot, a silver-haired Albany resident whose band also plays for the Oakland As and San Francisco 49ers games. "They're friends now, but I only see them down there."

Longpre and Ward won't discuss the details, but are looking at purchasing a building that used to be a bar.

The restaurant was to be closed Dec. 23 to allow time to get the equipment moved into storage.

# Fewer tax savings possible this year

By HARRY RABIN

After two years in which a long stream of tax saving benefits became available for most Americans, taxpayers this year will find substantial savings harder to come by.

Outside of the 10 percent rate reduction we all received in July and a further improvement in the marriage penalty allowance, there isn't much new in the law that will help taxpayers save money this year. But there are some things that can hurt.

Among the latter are higher minimum requirements for medical deductions and casualty losses. Next year it will get even worse when some disability pensions and Social Security benefits will be subject to tax under certain conditions.

This all adds up to a need for as early a start as possible for taxpayers seeking ways in which to benefit themselves. Knowing as much as possible about what can and cannot be done is the first step. Being able to document everything you claim is the second and most important part.

Individuals should begin the task of pulling together items like receipts, cancelled checks and other items verifying tax deductible expenses. Sometimes

these are hard to locate — correspondence may be needed in some cases — so now is the time to get things underway to avoid the risk of running out of time in April.

There is no such thing as too much documentation. But too little can lead to serious problems.

Harry Rabin, an Albany resident, is a partner in Gee, Rabin and Associates, an accounting firm in El Cerrito

# Teen held by police after fuss on a bus

**EL CERRITO** — Police booked a 17-year-old Oakland youth for resisting arrest last Wednesday night after a struggle on an AC Transit bus at Schmidt Lane and San Pablo Avenue.

The incident started at 9:15 p.m. when Berkeley police phoned El Cerrito to report a man with a gun riding the bus.

When police stopped the vehicle they said the suspect started shouting and refused to get off.

After he was wrestled off the bus he was found to be carrying an air pistol, not an illegal weapon, according to police.

However, his conduct led officers to book him for resisting them.

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Helane York cuts Wilda Justice's hair at the Open House

## Hair today, cut tomorrow: an Open House program

By BETH MENDE

**EL CERRITO** — Hair stylist Helane York doesn't believe the customer is always right.

Every Tuesday, York works at the Open House Senior Center, where for \$3, she trims, cuts and/or styles hair for any women age 60 plus.

Most of her customers have nice hair, but don't treat their hair nicely, she said.

"Your hair gets old, just like your skin," said York, 34.

Many women, however, try to fight the aging process by getting permanents and dying their hair — which damages the hair — or by adopting styles which they hope will make them look younger, she said.

"People think that they won't be liked or loved unless they look young," said York. In a youth-oriented society, there is a lot of social pressure put on older women to conform, she said.

When working with customers, York said she tries to give them what they want, while encouraging them to accept what they already have. She also gives them tips on how to care for their hair.

One customer had tight skin and poor circulation in her scalp, leading to hair loss. York showed her ways to massage her scalp and increase blood flow.

Another customer had frizzy, unmanageable hair due to years of dying and permanents. York suggested she not

use so many chemicals on her hair and wash with a natural shampoo. The woman's hair is now much healthier, York said.

"Everything from within comes out in (your) hair," according to York, who said that one's diet is reflected on one's scalp.

"I'm not a doctor, but I can suggest (to a customer) that she ask her doctor about her diet and what vitamins she should be taking," she said.

York began working at the Open House over the summer, when she filled in for its vacationing barber, who would cut men's hair every Friday. While substituting, several women at the center approached her for haircuts.

When it came time to leave, York said she didn't feel she could: "I didn't want to abandon them. They're such lovely people and I really enjoyed (working here)."

In addition to working at the Open House, York will visit shut-ins who may have difficulty caring for their own hair. "It gives people such a lift," she said.

"(Working at the center), has given me a chance to begin again," said York, who moved to El Cerrito with her husband and eight-year-old son last year. "It's like having a family outside of my family."

York cuts hair for men as well as women every Tuesday from 10 a.m. to 2 p.m. For an appointment, call the Open House at 526-0124. Drop-in appointments are also accepted.

## Food

### Sensible holiday eating

By JOY IMBODEN OVERSTREET

According to the dictionary, the word "holiday" means "a time of rest and relaxation, a day on which one is exempt from work, a time of festivity, celebration." Sounds good in theory but in practice most of us experience the holiday season as a time of extra work, stress, exhaustion, over-indulgence and self-recrimination.

For people who are trying to watch their weight, the holidays pose special difficulties. It may seem that there are only two choices, neither really acceptable. You can either tape your lips shut for a month and watch jealously as your friends and family savor the holiday goodies, or you join in the feasting and gain 10 pounds.

To help our participants at Thin Within steer a middle course through the holiday season, I put together a special seminar on dealing with holiday eating that many have found useful over the years. Since Thin Within involves eating consciously — paying attention to the signals from your body and to your own particular food preferences rather than counting calories, carbohydrates, or any other form of specific food restrictions — the techniques work especially well at this tempting time of year. Some of the suggestions below are taken from Thin Within, but for more information about the whole program you should call them in Oakland at 832-8480. (I am no longer affiliated with the organization but still recommend it wholeheartedly.)

It's all too easy to lose your perspective about what the holidays really mean when you're caught up in the frenzy of gift buying and party-going, and the burdens of your "shoulds." Before you get too deeply into it all, take a few minutes, either by yourself or as an exercise with other family members, and write down a list of what makes the holidays special for you. Be very specific about the activities, traditions, people, feelings, music, foods, decoration, etc. that you either recall fondly from the past or wish you could include. A second list might just as specifically list those aspects of the holiday season you wish to avoid. By combining these two lists you should be able to set up a holiday that more closely matches your ideal.

You will probably discover that the things of the season are less important than the feelings — the appreciation of others, the celebration of your relationships with friends and family. The message of these holidays is one of caring.

Probably 75 percent of the people on your gift list are either watching their weight or should be, so the usual deluge of your home-baked goodies is scarcely the most caring of gifts. (Besides, we all know that for every dozen cookies that go into the gift boxes, at least three go in your own mouth and directly to your waist.) If you want to give gifts from your kitchen, consider instead herbed vinegars in fancy cruets, spice bouquets, a canister of home-made baking mixes with instructions for use, a booklet of your own most popular recipes. Magazines like *Sunset* and *Family Circle* are good idea sources.

Better yet, get out of the kitchen entirely and give a gift of your time. Offer an afternoon or evening of babysitting so your friend can get out of the house for some recreation. If gardening is one of your talents, offer a morning of weeding, pruning or planting. Help a friend clean out a closet, the basement, the mess on his or her desk. If you can sew, give a gift certificate for two hours of hemming and mending.

So much the better if you can tell your friends of time that their fruitcake (cookies, etc.) are so terrible that a greater gift, for the sake of your waist, would be the empty tin. If you receive sweets, accept the gift graciously, then put them out of sight in the freezer to bring out for company. No need to put a platter on the counter awaiting your sneaky hand.

There are probably more parties given in the holiday season than in the rest of the year put together, and constant partying can be both exhausting and damaging to your waist. A few years ago I realized I was suffering from accepting an invitation if the particular date was on my calendar. Now, before I check my calendar I ask myself — do I want to go? If the answer is no, regardless of whether I'm free I decline the invitation. The parties attend are then much more special and pleasurable.

The rich foods and drinks at social gatherings are an uncanny way of finding their way to your hand, so that it sometimes seems that the purpose of the party is to eat and drink. I believe that the constant hand to mouth activity is actually a function of our desire to mask discomfort. Once you recognize that everyone is to some extent uncomfortable in a party setting, is concerned about making a good impression on others, you can put down your props and set about pursuing the real purpose of the party — to enjoy the company of others. (If you need convincing, watch the other guests as they nibble and sip through the evening; it isn't particularly attractive, is it? Besides, do you really believe that a cookie will make you braver or more eloquent?) Set a goal for yourself of eating to know three new people or catching up on three old friends, and do it empty-handed. You'll be surprised at how much more interesting the exchange will be.

When you want to eat, do that with your full attention. Before picking up your plate at the buffet table, survey all the goodies and decide on the ones you'd most like to try. Put those on your plate and sit down with them. Really savor each mouthful. Those "forbidden" foods eaten deliberately are more satisfying and much less fattening than constant nibbling at the veggie dips.

It's wise to limit your alcohol consumption to one or two drinks. Better yet, choose mineral water. It's available these days and has no calories. A 6 oz. glass of water has 150 calories and dulls the will to be moderate at a buffet table.

The last person who gets attention during the holiday season is you. But if you don't take care of yourself, you will have little to give the others in your life. Make sure you take the time to exercise every day. Even in the brisk walk is good for body and soul. Relax in a hot tub, get a massage, read a magazine, play with your children, share a quiet evening by the fire with your spouse and friends.

(Joy Imboden Overstreet is a freelance writer and founder of "Thin Within"; and has her master's degree in public health from UC-Berkeley.)

### Quartet plays with local orchestra

The Kronos Quartet joins the Berkeley Symphony Orchestra for a concert on Wednesday, Jan. 11, 7 p.m.

The program includes two compositions for quartet and orchestra, Thea Musgrave's *Memento Vivre* and commissioned work, *Variations On a Yearly Theme* by Wendy Carlos. Sibelius' *Symphony No. 2* will also be performed.

The concert will be conducted by Berkeley Symphony Music Director Kent Nagano in the First Congregational Church of Berkeley.

Tickets are \$6 in advance and \$8 at the door for students and seniors. For more information, call 3436.

### Grosvenor on board

Navy Airman Apprentice-Todd R. Grosvenor, son of John R. and Caro O. Grosvenor of Kensington, has reported for duty aboard the aircraft carrier USS Dwight D. Eisenhower, whose home port is in Norfolk, Va.

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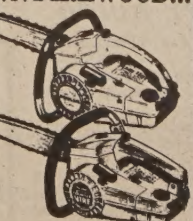
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### Adult school sets class

ALBANY — Those desiring to roll may do so at the office, 601 San Pablo Ave. from 9 to 4 p.m. Registration may be made by mail if postmarked before Dec. 22. The adult school quarter starts Jan. 3. For more information, call telephone 524-1111.

### Library new hours

KENSINGTON — Kensington Library announces the following hours: Monday through Friday, 1 to 9 p.m.; Saturday and Sunday, 1 to 5 p.m. The 9 p.m. closing on Mondays and Tuesdays represents a change from former 8 p.m. closing hours. The Kensington branch of the Costa County Library is located at 10534 San Pablo Avenue, El Cerrito.

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# Times Journal / features

## Making a friendly visit

By JIM GRODNIK

EL CERRITO — Unlike many people her own age, Denise Donaldson enjoys visiting elderly people. "Sometimes you just want to sit and talk. I like a slower pace," she said. When her El Cerrito neighbor "ran out of little old ladies," Donaldson, 27, moved elsewhere to offer her services.

The Friendly Visitor Program, a Contra Costa County agency that matches lonely homebound people with volunteers, turned out to be the answer.

**'She cries when I leave. Sundays are so lonely,' a visitor reports**

The program, which receives \$20,000 yearly in federal funds administered by the county, has a staff of two half-time workers and 325 volunteers. They provide a contact with the outside world for people who might otherwise be isolated. Recruits to the program are first interviewed and then given a training session that gives them a hint of what it's like to have the problems of the aged. To simulate vision problems, they put on eyeglasses with one lens covered, with both lenses smeared with vaseline or with dots painted on the lenses. They try to thread a needle with gloves on so they can understand what limited dexterity is like. After the brief training session, visitors are matched with clients who have been referred from sources such as social workers, public health nurses, churches, senior centers and family. When volunteers visit, they bring reading material, play cards, and in some cases run errands for their friends. Donaldson, who works full time for KTVU television, and Enola Mae Welsh, 75, in San Pablo, for four hours

each Sunday. When the visits began two months ago, the two quickly discovered a common interest in cards. Now the afternoons are passed with hot games of gin rummy and crazy eights.

Donaldson, who is the youngest volunteer in the program, said Welsh has little contact with her own family. She especially appreciates her weekend visitor because the senior center she regularly visits is closed then.

"She cries when I leave. Sundays are so lonely," said Donaldson.

The average age of the clients in the program is 80, according to Audrey Pite, assistant coordinator of Friendly Visitors. People receiving visitors are distributed through Contra Costa County.

In the Richmond-El Cerrito area, 47 volunteers visit 67 people. Around Concord, Walnut Creek and Lafayette, 164 people are visited by 145 volunteers. In the eastern portion of the county, 115 people are visited by 60 volunteers.

"We can always use more volunteers, particularly in the western part of the county," Pite said.

Eleanor McCleod, 69, of El Cerrito, visits 92-year-old Hilda Tilghman at Carlson Convalescent Hospital. The two are former San Franciscans and they like to talk over old times. McCleod brings little gifts — soap, perfume, and books to Tilghman, who is too fragile to go out. But her real gift is companionship.

"For people in a nursing home, life has shrunk down to a bed, a bedside table and a chair," McCleod said.

"Some people talk about interrelating and outreach, but it's just holding your hand out and somebody taking hold of it," McCleod said.

When she visits she does more listening than talking.

"What you're there for is to let them talk," McCleod said. "They need to get it out. It's a catharsis."

For information on the Friendly Visitor Program, write Linda Anderson, coordinator, 110 Petticoat Lane, Walnut Creek, CA 94596; or call 758-4985.



Denise Donaldson is a "Friendly Visitor" from El Cerrito, who enjoys spending time with her elderly neighbors

Times Journal photo by Karen Preuss

## Tis the season for giving

By JON BASHOR

As many West County residents put last-minute touches on their holiday plans, local service and charity organizations are looking for food and gifts to brighten the holidays for thousands of the less fortunate.

Residents are urged to help the Carquinez Coalition with its 13th annual Toy Shop campaign. New or used toys in good condition are needed for 389 kids in 250 families this year, says coalition coordinator Cheryl Dickerson.

"We're doing pretty well so far," Dickerson says, "but we can always use more."

The toy drive was bolstered by an open house where the price of admission was a new toy. Unwrapped gifts are preferred.

The Coalition will also be providing holiday dinner baskets to 50 needy families referred by the county Social Services Department. Fresh and canned vegetables, turkeys and trimmings are still needed.

The Richmond Rescue Mission handed out holiday dinner baskets this week. Tomorrow six parties will be held for needy kids.

"We need toys for about 1,000 kids," Mathison says. "That's why we're having so many parties. We'll give them toys, a snack and lots of Christmas merriment."

Anyone who can spare a toy for a child 4 to 12 years old is invited to bring the gift to the Rescue Mission, 214 Macdonald Ave.

Across town, it's beginning to look a lot like Christmas at the Salvation Army, too.

"We'll be helping about 400 families in Richmond, El Cerrito and San Pablo," says Capt. Joe Chavez. "There is a canned food collection program in elementary and junior high schools."

"We still need toys, though."

Food donations are needed throughout winter, Chavez emphasizes. Toys are needed soon as distribution will

begin Thursday.

"We've got about 200 applications and we're holding up — so far," says Chavez. "But it usually runs down to

the wire — we're expecting more applications."

To help ease the crunch, donations can be left at the Army's headquarters, 1110 36th St.

Donations are also needed at the North Richmond Neighborhood House.

"We need turkeys and trimmings to go in food baskets," says organizer Corrine Sain. "We need everything."

Because of inflation, the Neighborhood House has cut out food distribution at Easter and Thanksgiving and has concentrated on Christmas the last three years.

"Since it's Christmas, anyone with a real need will be helped, even if they're not from North Richmond," Sain says. "We always try to make sure needs are met, one way or another."

Money problems have brought Scrooge to the door of Rubicon Programs, too.

"We're having a dinner, we hope," says Pat Harvey, Rubicon's finance director, "if we get enough donations."

Food is needed, as is money for additional groceries, to feed 150 emotionally disturbed and physically handicapped clients of Rubicon. Although the mental health association has collected gifts for clients in the past, Harvey says this year Rubicon clients may have nothing to open on Christmas. Cologne, stationery, slippers or jewelry would make excellent presents, she says, and may be brought to Rubicon at 2400 Bissell Ave.

"These will probably be the only gift a lot of our people will get for Christmas," Harvey says, adding many Rubicon clients are no longer in touch with their families.

"We could really use some help."



HONORED — Angela Lalime, right, director of the Kensington Senior Activity Center, received a special recognition award recently from the American Cancer Society, Alameda County Unit. She is shown here with Rollin W. Odell, Jr., M.D., president of the unit. Lalime has just finished two terms as vice president for organization for the ACS Alameda County Unit and continues as a member of the board of directors and the executive committee.

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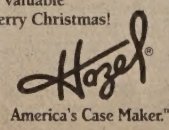


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# Sports

## Games for fun-minded

By FRANCES THOMAS

ALBANY — When I was in grade school, I divided the world into two groups of people: The agile and self-confident students who got picked first for kickball and softball games and who were the elite of the playground. As a klutz and a bookworm I was not part of that group, and remained one of the last kids picked for any team sport.

"Oh, I guess I'll take her," the team captain would say, pointing toward me, when the choices narrowed to me and my friend with two left feet.

For today's children who share my fear and loathing of physical education classes or think little league sports can only lead to major league mortification, there is an alternative at the Albany YMCA.

Andrew Levin and Glenn Tobe, teachers and graduate students in clinical psychology, are the instructors in a new program called, "Every kid is a winner." In this sports program, Levin and Tobe say there is no scapegoating, no honing of the killer instinct, no competition. In other words there are no winners and losers. Even the klutzes get to shine.

The two men, who are specializing in sports psychology at John F. Kennedy University in Orinda, say they know their program goes against the goals of organized sports competition; not to mention what could happen to big time sports events if the next generation grew up thinking sports were just meant to be fun, rather than a life or death battle on a playing field.

"We are bucking thousands of years of civilization," Tobe said. "But the kids like challenge-oriented games. They don't like working against one another."

They are also bucking the little league mentality. "We are trying to get away from the competitiveness of little league sports and the authoritarianism of coaches," Levin said.

Tobe, who has coached little league, agreed.

"In little league, the teaching-learning dynamic is not important," he said. "Winning and losing are. It is an adult game."

The purpose of the YMCA program, Levin said, is to build children's self-esteem, not berate them because they cannot hit a ball.

Tobe adds, "It is the ideal that you are okay, you

Andrew Levin (l.) and Glenn Tobe join program participants to decide on the next game at the YMCA's non-competitive sports program.



Playing Mount Everest, a mat-climbing game, under the eyes of Glenn Tobe (l.), Andrew Levin (r.).

belong here, and we are going to teach you something and have fun."

The hour-long program is based on "challenge-oriented" sports rather than competitive ones. "Here there is no winner or loser," Tobe said. "The idea is to see how well you can do."

The program includes exercise and both traditional and new games. The games include basketball, in which the child gets a point for hitting the basket's board, as well as points for putting it through the hoop. In a new game called Mount Everest, the children must work together to pull each other up and over the mountain, a pile of gym mats.

There is also a weekly question period.

"Even the brainy kid can get strokes in an athletic setting," Tobe said. "He may say to himself, 'I may not be able to dribble a basketball, but I can answer the questions.'"

The program began in September and the instructors said about 12 children, between 6 and 12, attend each week. The classes are co-ed.

On an evaluation sheet given to the children's parents

recently, one mother said her shy and withdrawn son became more outgoing since starting the program.

The program is not just for children who may be shy. The two men said they hoped the program would grow faster. Some parents, however, may think the hourly session is expensive.

But Levin disagrees.

"We are teaching more than sports," he said. "We are teaching kids now to survive in the real world. To communicate and cooperate, not compete."

But in a world where competition, rather than cooperation, seems the rule, will the children grow up as wimps, unable to look out for themselves?

Tobe said no.

"They will bring more insight and tools into the situation," he said. "Striving is a healthy thing. We're trying to take that out of the kid's soul. But people they are playing against other people, not things."

For more information call the Albany YMCA at 1130.

## Big storms create emergency

Alameda County supervisors have declared a state of emergency due to \$3.8 million in damage caused by wind and rain storms since Dec. 3.

According to Chief Al Mitchell, head of emergency services, the storms damaged 50 homes and destroyed two; damaged five businesses and destroyed seven; ravaged a beach in Alameda and harmed dikes near the Oakland International Airport.

Mitchell told supervisors that one elderly San Leandro woman was killed in a storm Dec. 3. She suffered fatal head injuries when she was blown into a fence.

He estimated that there has been \$1 million in damage to private property and another \$2.8 million in public property damage.

The board's resolution asks Gov. George Deukmejian and President Reagan to declare the county in a state of emergency. That would enable it to seek government-subsidized loans to repair the damage.

## Library hours

The Contra Costa County Central Library and all branches will be closed for the holidays as follows: Christmas: Closed Friday, Saturday and Monday, Dec. 23, 24 and 26.

New Year's: Closed Monday, Jan. 2, 1984. Regular hours will be retained all other days during the holiday period.

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## Schools

## Basics go to high school

By BARBARA ERICKSON

With Richmond Unified's basic schools bringing in rave reviews, a group of parents and teachers is forming a plan to extend the academics and discipline emphasis to a local high school.

The group, which lacks an official name, grew out of Kennedy forensics coach David Dansky's proposal for a magnet high school with tougher standards. The school, he says, would be for the "academically interested" of all ability levels.

Sue Wittenberg, a Kennedy parent who is helping organize the effort, said 30 to 40 parents and high school faculty members showed up for a recent meeting in an El Cerrito church. They formed a committee to prepare a proposal for the school board.

"We are using the term 'magnet,' " Wittenberg said, "but it is not a magnet school for the gifted. It is for people of all levels."

The plan, she said, "is very rough right now," but parents are talking about a school that would require students and parents to sign contracts to enforce attendance and discipline policies.

The school would demand a minimum grade point average from each student, Dansky said, a C or a D plus, but it would include all ability levels, from gifted to special education. It would offer the traditional comprehensive program.

"We want it to be a cross section of the entire community," Wittenberg said.

The plan, she said, is a "logical progression" from the district's basic schools and from the state move toward tougher graduation requirements. Support for the plan, she said, has come from a "diverse representation of the community," from parents in El Cerrito, Kensington and Richmond and a few from Pinole.

She said the school would help students who are interested in studies but intimidated by more aggressive

peers. The peer pressure to avoid studies, she said, "is very real and very strong, and we want to create an environment where this does not exist."

Dansky said parents and teachers are concerned about losing too many students to private schools in other districts. The magnet high school, he said, might attract students back to the district and make parents' students already here feel "more comfortable."

He said the group plans to come up with a proposal that "would not cost a nickel," and the recommendation will not include a specific site although his original proposal called for closing Ellis and turning either Kennedy Cerrito into the magnet school.

"We would like to leave (the choice of a site) to the board," Wittenberg said. "It is more a philosophical site we're interested in."

Dansky said, "We're not throwing out the old trash heap the students who won't meet standards. These students would get support at a continuation program like that at Gompers, he said, and they might be the option of returning to the magnet school where behavior improved."

The school would also "grandfather" the students in the chosen campus, he said, allowing them to continue the same site without having to meet the entrance requirements.

Wittenberg said the group aims to come up with a proposal to the board by January so that, "ideally," the district could begin the new program next fall. The group has already formed a committee to study secondary closure and other issues in the junior and senior schools.

After unveiling his plan last year, Dansky received 35 letters from parents throughout the district who support his plan. But the most active support has come from the Kennedy-El Cerrito-Ellis area.

He urges other parents who would like to work on a plan to write him at Kennedy.

"We feel the current school board has the tendency to take some action," he said. "We want to make a very strong effort."

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# Schools

## RUSD's new 'basic schools' produce rave reviews

By BARBARA ERICKSON

Students are working harder. So are parents and teachers, but hardly anyone in Richmond Unified School District's four new basic schools is complain-

ing. Principals, who may be the only ones who find their lighter this year, are especially happy with the new year. They cite fewer discipline problems and more support from home.

The principals, in fact, sound as if they are in the best of all possible elementary school worlds.

"I'm happy. I really am," said Stewart principal Bill Wire, who transferred from Montalvin last year. He wouldn't choose to go back to the regular program, he said.

Sheldon principal Bob Cone said, "Here everyone bought the idea that they want their kid here. The kids bought it too."

### Ninety five percent turn in their homework, third grade teacher says

Both Cone and Wire were assigned to their sites when the board set up the basic schools (officially called ABC schools, for Alternative Basic Commitment) at Sheldon, Stewart, Mira Vista and Ford. At the other two schools, longtime principals remained on the job.

But at all four schools teachers and principals are full of praise for the high degree of cooperation from parents, and they say that the children are producing, that they can cover more ground more quickly.

"Ninety-five percent are turning in their homework," said third grade Sheldon teacher Aileen Piper. She has found discipline "much better."

"The rules are real clear," said Leona Emmons, third grade teacher at Mira Vista. "Everything is written down. I have a parent has a copy, and I have a copy."

At Ford School, principal Frances Smith is finding life easier than it was in her previous four years at the site.

"There is a tremendous difference in discipline," she said. "There is less fighting, fewer discipline problems coming into my office, period."

Students at all the schools say they scramble to get to school on time now, and they say the other students are better.

Cone is still struck by the fact that students can carry on without supervision or fights.

"It's amazing," he said. "I still can't believe it." In a class for learning disabled children at Sheldon, teacher Judy Sanders said her students are also feeling the benefits of the change.

After meeting with other special education teachers last spring, she said, they all agreed to go along with the new basic school philosophy, homework requirements and all.

The special education teachers, she said, were afraid students would not be able to conform, but everyone has been happily surprised.

Now, she said, the school is "quieter and calmer" and students are getting in trouble less often. "We used to get 10 to 12 citations a week from this class," she said.

Now we've had two all year. There are just not that many kids to get into trouble with."

Discipline, dress codes, parent contracts, and open



Student teacher Jeanette Leadle at Ford School, one of the four ABC program sites

enrollment — all major features of the basic school program — were not intended as ends in themselves but as means to better academic growth. Their success so far is partly reflected in the homework policy, and everyone agrees that homework has increased and is taken more seriously than before.

Some teachers say they always assigned homework, others admit that they are giving more under the new system, but parents and students all say that the load is definitely heavier.

"You can see a tremendous growth because everything is reinforced," said Sheldon parent Marsha Vaughn.

Mary Ann Valencia, a Ford parent, said her children used to bring home work once or twice a week, mainly spelling words. Now it is at least an hour four times a week.

"There are more book reports," she said, "more about the story and the different characters in the story. Before, it was a lightweight summary."

Under this system, she said, her children "have picked up."

Hilma Nelson, who teaches a fifth-sixth grade combination class at Stewart, said, "You get more done. You can go faster."

"There is much more time to teach," said Bruce Holmes, fourth grade teacher at Stewart. "You don't have to deal with disruptions."

Teachers and principals say this may eventually change curriculum standards in the basic schools, perhaps even in the district.

"We may find that we will finish sixth grade curriculum half way through the sixth grade year," said Wire.

"I hope it will change curriculum," said Nelson. "I think it will be raised as we get them to do more."

Debbie La Salle, head of elementary instruction for the district, said the "commitment and consistency" of the basic schools makes the difference. "The kids know that nothing is going to go unchecked," she said.

When achievement scores come in next year, she said, it will be revealing to see how the program has made a difference. But two signs of success so far, she said, are the number of private school students lured back into the district (66) and the children who travel from other areas to attend the basic schools.

Many come from Verde, Lincoln, Peres, King and Cortez to Ford and Mira Vista, often on AC Transit. In the El Sobrante area they come from everywhere — Peres, Verde, Coronado and Olinda. Stewart attracts students from Hercules and other parts of Pinole.

Another sign of success is the interest from other elementary schools that want to become basic programs next year. One of these is Broadway, where principal Dorothy Lee has already adopted many of the basic school policies.

Broadway is requiring the same homework as the four ABC schools, Lee said, and "getting a pretty good response." She would expect to get better support from parents, she said, if she had written contracts and the board's official approval.

Lee said the school's parent group has set up a committee to apply for ABC status next year. "All the teachers have given me 100 percent commitment," she added.

Meanwhile, parents and teachers at the four basic sites are working harder and liking it more.

"It's more work," said parent Dietre Brown at Stewart, "but it's kind of like the way it should have been."



Teacher Jeanne Busby with some of her students

## Board considers Albany High School pass-fail option

By CHARLES PELTON

ALBANY — Students at Albany High School may be able to take any course in the curriculum on a pass/fail basis next fall if a proposal submitted by Principal John Marlowe is approved by the school board.

At its only December meeting last week, the board voted a 28.5 percent pay increase for substitute teachers and debated whether students should still be suspended if they possess or use tobacco on campus.

Board member Dr. Gerald Brunetti said a pass/fail option encourages students to experiment with more difficult courses they might not otherwise take.

Two board members, Kay Rabin and president Robert Nehls, disagreed.

"I think that high school is no place for pass/fail, my friend," Nehls said.

Rabin said a "pass" grade is a poor indicator of a student's performance in a particular subject. "Each and every class should encourage a student to work to a potential," she said.

According to Marlowe, a school-wide pass/fail option would only be available after consultation with a student's teacher or counselor. He said class size and the individual needs and potentials of the student would be taken into consideration.

"What's important," Marlowe said, "is that it is a one-on-one decision. It is not a class decision."

Marlowe anticipates that no more than four or five students may be affected by the new grading system if it is approved. Presently some English as a Second Language and some special education students take a few classes on a pass/fail basis.

Apart from a video production course approved last fall, physical education, some work experience and one college testing preparatory class can now be taken for either a "P" or "F" grade. But, Marlowe says, few pupils take advantage of that opportunity.

"I hope students are encouraged to pursue this (option)," board member Peggy Thomsen said.

Marlowe produced his school-wide recommendation after consulting with the faculty cabinet, a group of all department heads and a representative from the counseling office.

With substitute teachers increasingly more difficult for the district to obtain, school officials raised their \$35 daily pay, the lowest in Alameda County, to \$45 a day.

Joining the other four board members with his "aye" vote, Brunetti said, "It's important to treat professionals as professionals."

The new rate lifts the Albany pay scale from the bottom to fifth from the bottom, according to a Dec. 7 district survey of all county school districts. Substitutes in Berkeley earn \$53.10 a day and in Richmond \$55 a day.

Terming the substitute shortage "an emergency situation," the board voted to remove \$10,000 from the district's contingency fund to pay for the increase.

When school officials attempted to include the possession or use of tobacco on school property in its list of offenses for which a student could be suspended, some board members objected.

"The penalty has to be in proper relation to the offense," said board member Jean Tenret.

Instead, Tenret said, tobacco offenses should earn the less severe "in-house supervision" penalty with which a student is not actually removed from the campus.

But school administrators said that retaining at least the threat of suspension makes enforcement of smoking regulations on campus easier.

"We want to have it as an option," Marlowe said. "It's a fire hazard, a health hazard and a social hazard."

To combat clandestine bathroom and hallway tobacco use, the high school does allow students to smoke, but only in two designated places and only during their breaks or lunch time.

In other business, the board:

- unanimously ratified a revised contract with the district's 35 maintenance, custodial, food service and gardening employees.

- agreed with members of the United Public Employees, Local 390 calls for an 8 percent pay increase beginning Jan. 1. Cafeteria workers won an 11 percent hike.

Negotiations were concluded Nov. 23 after three ses-

sions. The Local 390 settlement comes after Albany teachers won a five percent increase and the district's instructional aides, secretaries and accounting clerks obtained an eight percent increase.

- accepted a \$421.77 donation from the Albany High School Boosters Organization for weight room equipment and a \$385 donation from Meyer Sound Laboratories, Inc. for a microscope at Marin school.

- hired Mary Diane Foster, a career development specialist, Yvonne Arnold, girls' varsity basketball coach, Elizabeth Drennan, girls' junior varsity basketball coach and Elizabeth Griffith, a part-time special education instructional aide.

The resignations of Deborah Akers and Martha Barterman, instructional aides at the children's center and Cornell, respectively, were accepted.

### Kids can learn music

EL CERRITO — Grace Lutheran Church, 15 Santa Ave. (at Ward) is offering an opportunity for young children, five years and up, to develop their musical abilities.

Clarice Moellering, a professional Suzuki piano teacher in Berkeley, will be organizing a children's choir. Rehearsals will be conducted on Tuesdays at 4 p.m. in the Parish Hall. Among the objectives will be learning to sing, rhythm and melody experiences, and enjoying group activities.

There will be no registration fee or basic costs. For other information, parents and children are encouraged to visit a class or call 525-9004 or 549-8888.

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# The long, tasty history of the Christmas feast

## Christian and pagan customs are blended

By MOIRA ANDERSON

Eat, drink and be merry is the theme of Christmas festivals everywhere: Christmas, like no other holiday, is marked universally by an abundance of good food. Much of it is special food, prepared at no other time of the year.

The sucking pig is an example of this: many are familiar with the image of a whole porker standing in the middle of the table with an apple in its mouth, even if they've never had one. What is less familiar is that today's piglet is the end product of centuries of pig ritual and sacrifice.

The original midwinter feast item was, in fact, a wild boar (or its head), which was hunted especially for the occasion. In England the boar's head was borne into the dining hall in a procession which carried not only additional dishes for the table but also the weapons with which the animal had been killed.

The head was served "on a clean flat fir bough on a carving board, adding split almond tusks, with prunes for eyes," trimmed with parsley, vegetables, and a holly wreath, with hot mustard sauce on the side. That was the easy part; the fact that it took nearly two weeks to properly prepare a boar's head may have had something to do with its decline in popularity.

As boars became too scarce or too complicated, they were replaced with cakes or breads shaped like pigs. In Estonia the "Christmas Boar" was a long cake with the two ends turned up, which might stand on the table until the New Year, after which it was served to the cattle to protect them from magic and harm.

Geese and other fowl were also quite acceptable main courses if a boar was not available. For titled folk, however, such as Henry VII, Peacock Enkayll (which may mean "in its skin") was a tasty and not too complicated dish. "Flay off the skin with the feathers, tail, and the neck and head thereon;...and strew thereon ground cinnamon;...then roast him and baste him with the raw yolks of eggs...and let him cool awhile, and sew him in his skin, and gild his comb..."

Pies were another major feature of the Christmas table, particularly in Britain. It was said that the Devil himself did not dare appear in Cornwall at Christmastime lest he be baked in a pie. Considering the contents of a pie served in London in 1770, this may not have been an unreasonable fear. The pie was nine feet in circumference and weighed nearly 170 pounds. It contained 29 assorted game birds (including seven blackbirds), two rabbits and two cow's tongues, two bushels of flour, and 20 pounds of butter.

Mince pies are popular today and seem innocuous enough, but the Puritans outlawed them in the early years of New England, and in Britain for a time as well. The varied contents of the pie were meant to symbolize the gifts of the Magi, and the pies were originally rectangular, but it was the traditional manger-and-Jesus image on top which made them an abomination. Later they regained acceptability as a Thanksgiving dish (round and unadorned), and gradually crept back into Christmas feasts.

Christmas often honored the harvest, in particular wheat, and "Christmas sheaves" were placed in households or on fences for the birds to eat. This was often the last sheaf of the harvest, saved for the ceremony, and it might be twisted into the shape of an animal such as a goat. Similarly the flour used in Christmas cakes had mystical significance. In many European countries small cakes were prepared so that anyone who entered the house on Christmas could be served one. English families might bake a cake for every member, and a cracked cake boded ill-luck for that person.

But drink was as important as food at Christmas time. In Sweden the brewing of the Christmas beer was fraught with custom and superstition. This was done in the main house, and two sickles were crossed over the doorway. No knives or steel instruments were used in the process. Any cutting should be done with a "thunderbolt"—a flint axe. A silver ring was laid in the kettle, along with a pair of green withes. While the hops were fermenting the brewers assisted by whistling, yelling and dancing. A bubbling pot meant fistfights and Christmas; a clanking chain meant death.

In England, wassailing was an essential part of the ceremonies. The term derives from the Anglo-Saxon was hael, "be healthy." Wassailing was much like trick-or-treating: a band would carry the wooden wassail bowl from door to door, singing songs such as: "Wassail! wassail! all over town! Our bread is so musty, our cheese is so brown! God send our master a good crop of corn! With the wassailing bowl we drink to thee."

Wassailing didn't stop with people, though: the salutation was also extended to apple trees. In Devonshire, for instance, farmers carried a bowl of apple wine or cider to the orchards, often in a procession that might include dancing, singing and mumming. The wine was sprinkled on the roots of the trees, and pieces of toast were put on the branches. Rhymes such as "Here's to thee, old apple tree! Hats full, sacks full, great bushel bags full! Hurrah!" leave little doubt of the purpose of the ceremony. Gunshots and other loud noises banished evil spirits from the orchards.

Fruits, nuts, candies and cookies played a role, not so much as part of the feast but as part of the decorations. The forerunner of the Christmas tree, the *paradeisbaum* of

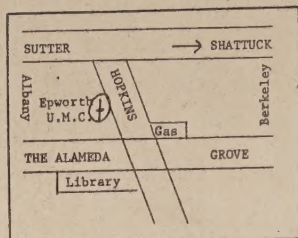


German mystery plays, was a single apple-decked fir tree representing the Garden of Eden. Later tannets were hung with apples and sacramental wafers, which gave way to oranges and decoratively-shaped cookies. Meanwhile pre-Christmas tree "kissing balls," evergreen branch spheres hung from the ceilings of English homes were decorated with apples, nuts and sweets.

After the Reformation, Protestants condemned Christmas both for its Catholic origins and the loss of pagan customs it absorbed since its establishment in the 4th century. During the 16th and 17th centuries it was actually outlawed in England and parts of the colonies. Missable observances were those of abstinence and fasting, rather than gaiety and feasting. Now we seem to have combined the two; while giving is stressed as better than receiving, tables and dieters alike groan once again at the weight of Christmas feasts.

Moira Anderson is a former Albany resident with a long-time interest in folklore.

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DUCKLINGS	USDA A GRADE FROZEN		98¢	GEESE	YOUNG FROZEN GRADE A LB. \$1.98



## Police beat

### ALBANY

Albany police report the following crimes for the week ending Dec. 18:

• A Redwood City man reported the theft of his wallet, containing \$60, on Dec. 18. The man was standing in an checkout line at Safeway on Solano Avenue, when someone bumped into him. A minute later he realized his wallet was not in his back pocket.

• Three Oakland juveniles were arrested Dec. 18 and charged with attempted robbery. Albany police found the three males attempting to take a tire from a 1969 Ford, parked in the 700 block of Cleveland Avenue. One of the boys told the police they were taking the tire because their car had a flat tire and they had no spare.

• A 27-year-old Oakland man apparently committed suicide by taking an overdose of pills, Dec. 17 at his father's apartment in the 500 block of Pierce Street.

• A 19-year-old female, walking near San Gabriel and Brighton Avenues on Dec. 17 reported a young male indecently exposed himself, after he attracted her attention by making noises.

• A six-foot Scotch pine Christmas tree, worth \$20, was reported stolen Dec. 16 from outside a house in the 500 block of Evelyn Avenue.

• Wesley Simmons, of Oakland, was arrested Dec. 16 and charged with one burglary and one attempted burglary on Portland Avenue. Police said Simms was arrested in the 600 block of Spokane Avenue shortly after the two incidents.

• An am-fm stereo cassette was reported stolen Dec. 16 from an automobile parked in the 600 block of Evelyn Avenue.

(Continued on Page 13)

<p><b>COFFEE</b> M.J.B. 2-LB. TIN</p> <p><b>\$4.39</b></p> <p>(ADD 4.49)</p>	<p><b>STUFFING MIX</b> LANGENDORF 7 1/2-OZ. PKG.</p> <p><b>69¢</b></p>	<p><b>MARGARINE</b> IMPERIAL LB. STICK</p> <p><b>49¢</b></p>	<p><b>CREAM CHEESE</b> PHILADELPHIA 8-OZ. PKG.</p> <p><b>79¢</b></p>	<p><b>CRACKERS</b> NATIONAL SNACK. ALL TYPES</p> <p><b>99¢</b></p>
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<p><b>SALAD OIL</b> PURITAN 32-OZ. BTL.</p> <p><b>\$2.05</b></p>	<p><b>SWANSON BROTH</b> CHICKEN, BEEF 14 1/2-OZ.</p> <p><b>39¢</b></p>	<p><b>SCHILLING PEPPER</b> 4-OZ.</p> <p><b>69¢</b></p>	<p><b>TAYLOR'S SWEET POTATOES</b> TAYLOR'S VACUUM PACK 17-OZ.</p> <p><b>45¢</b></p>	<p><b>SOUR CREAM</b> KNUDSEN HAMPSHIRE PT.</p> <p><b>\$1.09</b></p>
<p><b>CHIFFON NAPKINS</b> 60 COUNT</p> <p><b>89¢</b></p>	<p><b>MARSHMALLOWS</b> KRAFT REG.-MIN. 16-OZ.</p> <p><b>69¢</b></p>	<p><b>BUTTERNUT ROLLS</b> BROWN 'N SERVE 12 CT. PK.</p> <p><b>69¢</b></p>	<p><b>CHIFFON</b></p>	<p><b>CHIFFON</b></p>



# Getting down to business

## Tasting the pleasures of the grape, Italian style

By JIM GRODNIK

ALBANY — Behind a nondescript storefront on San Pablo Avenue is a hidden treasure house of Italian wines that attracts devotees of the Mediterranean from throughout the Bay Area.

The Enoteca Mastro, which means wine library in Italian, was opened in June at 933 San Pablo Ave. by the appropriately named Mark Anthony Mastro, 32, and his wife, Diane Posner Mastro, 31.

"We don't get people who buy wines at Safeway," Diane said. "They come to us for rare, expensive and esoteric Italian wines they can't get anywhere else," said Mastro as he sat behind the tasting bar in the small shop.

Two racks in the center of the small store display varieties of Italian wine. On the floor and against the walls of the cave-like shop, cases with open tops are open to the connoisseur.

Mastro got his first taste of wine at age 3, when he sampled a spoonful of his grandfather's cornflakes, which were laced with a blend of wine and coffee.

Since then, Mastro has developed a more sophisticated palate.

He held a glass of red Barolo at arm's length and tilted it in the glass. Then he fit the glass tightly over his nose, sniffed, and placed it back on the bar without taking a sip.

"If I were stranded on a desert island and had my pick between '70 and '71 Barolos I wouldn't have lost anything," he said. "They are a work of art," he said.

Then he took a sip, and addressed a subject that is sensitive to lovers of Italian wines. "Because it's not just the wine that makes it any less."

Mastro comes from a family in Pennsylvania, near Harrisburg, where wine was a part of life.

His grandfather, an amateur winemaker, made the



Diane and Mark Anthony Mastro with some of their liquid treasure

wine that Mastro tasted on his cornflakes. Wine was always served with dinner; even the children were given a small glass so they could be part of ritual.

The family's devotion to Italy is evidenced by Mastro's name, Mark Anthony. "My mother didn't know it

was going to haunt me," he said. "But I prefer it to just Mark."

After graduating from the University of Maryland with a B.A. in philosophy and esthetics, Mastro came to the East Bay. When he was working as a waiter at the Bay

Wolf Cafe and Restaurant in Oakland, Mastro became fascinated by wines.

"I learned the difference between nutrition and food," he said. "I tried to plan a wine with everything I served."

The wines in the Enoteca vary in price from \$3.50 a bottle for a Soave to \$125 for a Biondi-Santi. Mastro said it is the expensive wines that are in demand. The \$3.50 bottle, which he described as a perfectly good wine, has been virtually ignored. Only half-a-case has been sold since the store opened.

The store is a setting for tasting and discussing wines. Both Diane and Mark Anthony make recommendations, but avoid making comparisons with California and French wines.

"If you compare you won't learn anything," said Diane. They try to match the wines to the customers' taste in food.

Mark Anthony Mastro said rigid Italian government rules have prevented experimentation in Italian vineyards until the last decade. "The last vestige of Italian pig-headedness," he called it.

Now, he said, some wineries are free to try new blends and techniques. The result is the new Italian wines are very good and so are their prices.

Mastro, who has tasted every kind of wine in the shop, said "I'd rather have a \$15 bottle of Italian than anything else."

The most popular wines are the traditional Barolo, the Barolo — "that's the one they (the customers) want," — and Chianti, a blend of red and white wines, Mastro said.

Mark Anthony, who recently received an M.A. in creative writing from San Francisco State University, and Diane are now collaborating on a book on pasta and wine.

Diane said, "When we were planning meals seven years ago, we would plan the meal first and then get the wine. Now we plan the meal around the wine we want to drink."

## Arts

### Jazz albums make good gifts for Christmas

A review  
by GORDON RADDUE

What I like about him is the strength of his playing, the conviction with which he plays. He has will and spirit, and these are the qualities I like most in a man."

Thus did the late tenor saxophone master, John Coltrane, express his admiration for another tenorist, Pharoah Sanders, when he added him to his group in 1965.

Sanders' two years of brilliant playing with Coltrane is well-documented on recordings, but perhaps his finest work is to be found on the magnificent series of albums he has done for El Cerrito's Theresa Records.

The latest, and I feel the best, is *Heart is a Melody*, recorded in live performance January of last year at San Francisco's Keystone Korner.

Sanders and drummer Idris Muhammad, pianist William Henderson and bassist John Heard turn in classic performances on Coltrane's "Ole." Tadd Dameron's "On a Misty Night" and two Sanders pieces — the title tune and "Goin' to Africa," a rollicking highlight that brings the album to joyful conclusion.

"Ole," which takes up the entire first side, is performed with a tightly integrated drive that makes it about as engaging a 21 minutes and 25 seconds of jazz as you're likely to hear anywhere.

No tenor saxophonist alive is playing at the level of warmth and intensity Sanders has been achieving in his Theresa period. Technically, tonally and emotionally, he is completely his own man on his instrument, but he also plays with extraordinary self-discipline. Musically, the man can ride a tiger.

"On a Misty Night" points out the tremendous loss that Dameron's death meant to jazz, but we can rejoice in the fact that people like Pharoah & Co. are around to interpret his beautiful works.

Singer Rosemary Clooney's amazing resurgence on Concord Jazz continues with "My Buddy," which finds her backed by Woody Herman's latest Young Thundering Herd in exciting performances of tunes by such varied composers as Kenny Loggins, Michel Legrand, Duke Ellington, James Taylor and Walter Donaldson.

The music on the album is equal to the superb album cover photo of Rosie, looking absolutely cherubic at 55, and Woody, perhaps the world's youngest 70-year-old.

Also out on Concord are *A Celebration of Hoagy Carmichael*, featuring the solo piano brilliance of Dave McKenna in live performances of Hoagy tunes in the late composer's hometown of Bloomington, Ind.; *Coming Out*, spotlighting Art Blakey's highly resourceful 26-year-old pianist, Johnny O'Neal, in company with bassist Ray Brown and drummer Frank Severino, and my favorite of the bunch, *Stand By For The Jack Sheldon Quartet*.

Singer-trumpeter-comedian Sheldon has spent a good part of the past 16 years playing his horn behind talents far beneath his as a member of the band on the "Merv Griffin Show."

He pretty much cuts out the comedy but sings and plays up a storm on his Concord album, with bassist Ray Brown, pianist Ross Tompkins and drummer Jack Hanna providing stellar support.

Sheldon happens to be one of my three favorite jazz-oriented male vocalists, the others being Mel Torme and Bill Henderson. He certainly doesn't disappoint with his treatments of Billy Strayhorn's lovely "Day Dream," Duke Ellington's "Don't Get Around Much Anymore," Ray Noble's "The Very Thought of You," the old Tommy Dorsey theme song, "Getting Sentimental Over You," and Cole Porter's "Get Out of Town" and "Ours."

The outrageous Sheldon humor surfaces only on the Porter tunes, done as a medley, but it surfaces for keeps. Sheldon's dynamic personality comes through completely in his trumpet playing, a tribute to his long-established but vastly underrated technical wherewithal.

If you have a mainstream jazz fan you want to make happy at Christmas time, put "Stand By For The Jack Sheldon Quartet" under his or her tree.

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C&W <b>PETITE PEAS &amp; ONIONS</b> 16-OZ. <b>\$1.29</b>	
APPLE/PUMPKIN <b>MRS SMITH'S PIES</b> 46-OZ. <b>\$2.69</b>	

<b>SUGAR</b> C&H 5-LB. SACK <b>79¢</b>	<b>COCA COLA</b> 6-PAK 12-OZ. CANS <b>\$1.59</b>	<b>SUGAR</b> C&H POWDERED OR BROWN LB. PKG. <b>49¢</b>	<b>SHORTENING</b> CRISCO REG.-BUTTER FLAVOR 3-LB. TIN <b>\$2.49</b>	<b>FLOUR</b> GOLD MEDAL 5-LB. SACK <b>89¢</b>
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<b>CANADA DRY MIXERS</b> 32-OZ. RET. BTL. <b>39¢</b>	<b>CREST TOOTHPASTE</b> 4.8-OZ. <b>\$1.09</b>	<b>OROWEAT ROLLS</b> 10 PK ALL VARIETIES SOURDOUGH <b>\$1.05</b>
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Writer's cramp

Weather report: stormy

By BETH MENDE

Because there is little you can do about the weather but complain, I complain a lot. It's not the overcast or rainy days which get me ranting and raving, however, but the sunny, spring-like days of winter. Quite simply, I don't like them. They make me feel the world's gone out of whack. I am from the East Coast, and even though I have lived in the Bay Area for more than four years, I still cannot get used to its weather.

Growing up in the east, I grew up on certain truths about winter — that the leaves will fall, that the rain will turn to snow, and that Christmases really can be white. Knowing these things, I have come to expect them, wherever I live. They have become so much a part of my life that I feel a terrific sense of loss when they are not present. I remember my first week in California. Every day was more beautiful than the last — clear sunny skies, zero humidity, no hint of rain. I sent postcards to friends,

gloating about this wonderful streak of luck Californians were having, until a native told me that this "streak" was actually quite typical for the area. Whichever the season, he said, the weather wouldn't be changing dramatically one way or the other. It was then that I became depressed. There are only so many nice days that an Easterner like me can stand without feeling self-indulgent and guilty. What really threw me into the doldrums, however, was the realization that there were only two seasons in California — wet and dry. I realized that short of some act of God, I would never wake up to find snow on the ground outside my house.

I like to think I'm over the worst of my weather symptoms. Still, like an alcoholic who has gone on a dry and still longs for a drink, I doubt eastern winters ever completely leave my system. To test my reaction, I'm looking forward to the snowmen, getting into snowball fights, and studying icicles hanging from roofs and trees as I drive across New York State visiting relatives. I dare say I'll have no complaints about the weather then. Now, if only I could stop complaining about how it fits my down jacket, snow boots, ski gloves, scarf, muffs, leg warmers and thermal underwear into my small suitcase...

Refugees need clothes

The International Institute of East Bay, a United Way Agency, is seeking donations of clean, used clothing for clients and new arrivals. Especially needed at this time are clothes and shoes for children and babies as well as for teenage boys and girls. Simple household items such as pots, pans, flatware, towels and bedding are also very much needed. Contributions, which are tax deductible, may be brought to 297 Lee Street (near Grand Avenue at Lake Merritt), or be picked up (call 451-2846 or 839-4586).

Moving? Tell DMV

Motor vehicle owners can save themselves a lot of unnecessary trips to local DMV offices if they would remember to let DMV know their new address so that important mail can continue to flow to them. They don't even need a form to do this, although forms are available. All they have to do is write to DMV giving: • Name and driver's license number • License plate numbers of all vehicles owned • Old address and new address DMV will make the notations on its records. The letter with this information should be sent to DMV headquarters in Sacramento to: Address Change, DMV HQ, 2415 First Avenue, Sacramento, CA 95818. Each month some 10,000 letters sent out by DMV are returned stamped "Address Unknown."

Literature classes set

ALBANY — Vista College offers "Shakespeare's Comedies," on Wednesdays from 1:30-3:30 p.m. The class meets Feb. 1-June 13 at the Albany Senior Center, 846 Masonic Ave. The instructor is Lou Bohlen. He will also teach a class on California writers, meeting Thursdays from 1-3 p.m. For information call Vista College.

Reading classes set

The Oakland Public Library offers free tutoring to people who cannot read or write. One-to-one tutoring is available for adults and teenagers, once or twice a week, at the main library or any of the 15 branches. Forty volunteer tutors have been trained. For information, call Sumi Yamashita at 273-3511.

Black kids need homes


"Homes for Black Children," a project of the Urban League, is recruiting families for adoption of these children. The project will focus its recruitment in Alameda, Contra Costa, Marin, Napa, San Francisco, Santa Clara, San Mateo, Solano, and Sonoma counties. For more information, call 763-4770.

Art award

ALBANY — Seven University of the Pacific students have received awards in the 20th annual student art exhibition. Among the honorees was Kanna Aoki of Albany, a junior mathematics and art major, in sculpture.


# HOLIDAY MENU

## Appetizers



Lady Lee Mixed Nuts with Peanuts	12 oz.	2.52
Sunshine Crackers	16 oz.	1.24
Sunshine Wheat Wafers	16 oz.	1.37
Granny Goose Chips	8 oz.	1.22
Kraft Spreads	5 oz.	.72
Oberti Jumbo Pitted Olives	5.75 oz.	.89
Star Manzanillo Olives	21 oz.	2.99
Snow's Clams	6.5 oz.	.89
Harvest Of The Sea Shrimp	6 oz.	1.72
Planter's Cocktail Peanuts	16 oz.	2.43
Planter's Dry Roasted Peanuts	16.5 oz.	2.43

## Entrees



### Fresh Turkeys

Available December 17 thru December 24, 1983. Fresh Butterball Turkeys. California Grown, USDA Grade A, 9-22 lb. Avg., Extra Large Turkeys, Stuffed Turkeys, Smoked Turkeys, Capons and Geese also Available.

No Sales to Dealers...No Full Case Sales!

Marco Polo Chub Salame	8 oz.	1.98
Gallo Sliced Salami	6 oz.	1.67
Lady Lee Econo Mild Cheddar Cheese	2.59	
Sonoma Jack Cheese	2.75	
Lady Lee Creamy Havarti	4.49	
Kaukauna Klub Sharp Cheese Ball	1.58	
Swiss Knight Cheese Spread	4 oz.	.78
Rondele Cheese	3.52 oz.	1.28
Lady Lee Dips	8 oz.	.69
Imo Sour Dressing	16 oz.	.72
Rubschlager Cocktail Rye Bread	16 oz.	.69
Lascco Wine Herring Snacks	12 oz.	2.64
Lady Lee Sour Cream	94	

Beef Rib Roast	1.88	
Beef Top Sirloin Steaks	2.69	
Beef T-Bone Steaks	2.69	
Beef Porterhouse Steaks	2.79	
Hygrade Smoked Boneless Ham	1.69	
Smoked Hams	1.19	
Dold Smoked Ham	1.88	
Hormel Cure 81 Smoked Ham	3.16	
Hormel Curemaster Smoked Ham	3.28	
Jennie-O Turkey Ham	1.44	
Armour Star Young Turkeys	.87	
Young Ducklings	.89	
Rock Cornish Game Hens	1.29	
Frying Chicken	.62	

Fresh Leg Of Pork	1.29	
Sliced Bacon	1.29	
Slab Bacon	1.57	
Pork Sausage Links	1.79	
Smoked Sausage or Polska Kielbasa	2.09	
Pork Sausage	.89	
Garlic Sausage	1.92	
Cocktail Smokies	2.25	
Linguica Sausage	2.32	
Genuine Spring Lamb Legs	1.59	
Shrimp Meat	5.76	
Crabmeat	12.98	
Oysters	1.69	
Stuffed Clams	1.36	
Seafood-Crabmeat Blend	2.48	
Boneless Turkey's	1.39	



## Police beat

(Continued from Page 10)

Second Hand Rose, 1111 Solano Ave., reported that three furs, worth \$1,565, were stolen.

A 73-year-old Albany man was injured Dec. 14 when he attempted to light the gas furnace at the Veteran's Hospital Building on Portland Avenue. The furnace exploded, burning the man's face and hands. He was taken to the Hospital in Oakland.

Sylvester Williams, a 27-year-old resident of Richmond, was arrested Dec. 13 and charged with a Nov. 23 burglary at the Villa Motel and possession of a stolen automobile.

There were 31 adult arrests this week.

### EL CERRITO

El Cerrito police reported the following crimes for the ending Dec. 18:

A city-owned storage shed, located at Ashbury and Alameda Avenues, was reported broken into Dec. 18. The shed door was knocked out of its frame, but nothing was stolen.

A motorcycle, worth \$2,800, was reported stolen

Dec. 16 from in front of a San Pablo Avenue grocery store. The thief pulled up in a pickup truck, loaded the motorcycle on the truck and drove off.

Sixteen dollars was reported stolen Dec. 16 from a San Francisco Chronicle newsrack in front of the International House of Pancakes.

A calculator, worth \$200, was reported stolen Dec. 15 from Homart Development Co. in the El Cerrito Plaza.

An am-fm cassette player and radio were reported stolen Dec. 14 from an unlocked automobile parked in the 2300 block of Eureka Avenue.

A 13-year-old Oakland male was arrested Dec. 13 after he threatened two El Cerrito Plaza employees with a .22 caliber pistol.

A 15-year-old Richmond male was arrested Dec. 14 after he stopped a 15-year-old female outside the basketball court at El Cerrito High School. The male took forty-five cents from the victim's pocket.

Roy E. Haaland, a 38-year-old resident of Gladys Avenue in El Cerrito, was arrested Dec. 13 and charged with driving under the influence of alcohol after he was involved in an automobile accident at San Pablo Avenue and Cutting Boulevard.

A stereo turntable and jewelry were reported stolen Dec. 14 from a house in the 2700 block of Arlington Boulevard.

Garden equipment, worth \$25, was reported stolen Dec. 14 from the Discount Mart, 5815 Cutting Boulevard. James Webb, Jr., an 18-year-old resident of Richmond and a 15-year-old Richmond juvenile were arrested and charged with the theft.

A cassette stereo, worth \$250, was reported stolen from an automobile parked in the 2600 block of Yuba Avenue.

A 38-year-old El Cerrito woman, who was walking home from a BART station, reported that her purse, containing \$40, was snatched Dec. 13. A man ran up behind her on a dark street and took the purse.

Three boxes of Avon products and Christmas gifts were reported stolen Dec. 12 from an automobile parked at a bowling alley on San Pablo Avenue.

A radio, worth \$200, was reported stolen Dec. 13 from an automobile parked in the 6500 block of Knott Avenue.

A vehicle, worth \$1,300, was reported stolen Dec. 13 from a house in the 5900 block of Alameda Avenue. There were 11 adult arrests during the week.

## Obituaries

### Victor Matroci

EL CERRITO — Services were held last week for Victor Matroci, who died Dec. 13. He was 65.

Mr. Matroci, a Chicago native, was a member of the Painters & Paperhangers Union, Local No. 4.

He is survived by his wife, Rose, and a daughter, Adrienne Moita.

He is also survived by a sister, Frances Cavallone and a brother, Louis, both of Chicago.

### Barbara Wagoner

Services for Barbara M. Wagoner, a longtime resident of this area, were held at St. Alban's Episcopal Church.

Miss Wagoner was a native of Martinez and worked as a registered nurse for 31 years. She was a member of the California Nurses' Association and died in a local hospital Dec. 18 at the age of 52 after a lengthy illness.

She is survived by five cousins, including Katherine and Bruce Altman, both of El Cerrito; Brian Altman of Foster City and two in Texas and Pomona; and an aunt in Hesperia.

Committal was at the Chapel of Memories, Oakland.

The Chapel of the Mission Bells, Wilson and Kratzer Mortuaries handled arrangements.

The family asks that memorials be sent to the National Kidney Foundation of Northern California, 856 Stanton Rd., Burlingame, 94010.

### Jan Prins

ALBANY — Funeral services for Jan Prins, a longtime local resident and owner of Prins Sign Co., were held at Ellis Olson Mortuary.

A native of The Netherlands, Mr. Prins lived in Albany and died Dec. 16 at his home. He was 72.

Survivors include his wife, Sophia of Albany; daughters Josephine L. Prins of Albany and Jan I. Gibson of El Cerrito; a brother, Auwel Prins of El Sobrante; and one grandchild.

The Rev. David Sugarbaker officiated, with committal at Memory Gardens in Concord.

### Lyn Heffernon

Memorial services have been held for Albany resident Lyn Heffernon, who died Dec. 11.

Mrs. Heffernon, 53, is survived by her husband, Andy, of the family home in Albany.

She is also survived by a son, Mike; a daughter, Lori, of Guerneville; a son, Kurt, of Albany; a daughter, Kelly, of Davis, and a daughter, Wanda Newbreast, of Irvine.

She also has two sisters, Dorothy Amacher of Wisconsin and Dee Spout of Maryland.

Services were held at the Northbrae Community Church.

### Jennie Marasco

A Catholic blessing for Jennie Marasco, a longtime Albany resident, was held this week at Ellis-Olson Mortuary.

Mrs. Marasco was a native of McCloud and a member of the Fratellanza Women's Club. She died at her home here Dec. 18 at the age of 75.

Survivors include three sons, Frank Marasco, of Albany, Joe Marasco, of Weed, and John Marasco, of Brea; a daughter, Rose Estrada, of Crockett; five brothers; three sisters; 10 grandchildren, and 15 great-grandchildren.

The clergy of St. Joseph the Workman Church officiated at services. A rosary was recited earlier at Ellis Olson Mortuary.

The family asks that memorials be made to the Alta Bates Hospice, 2855 Telegraph Ave., Berkeley, 94705.

### Eugene Nagel

EL CERRITO — Funeral services for Eugene Nagel, a local resident since 1954 and a brick mason for A.P. Green Co., of San Francisco, will be held at 2:30 p.m. Thursday at the Mission Bells Chapel of Wilson & Kratzer Mortuaries.

A native of Hustonia, Mo., Mr. Nagel lived in El Cerrito and died Dec. 19 in a San Pablo convalescent hospital. He was 71.

He was a member of the Brick Masons' Union Local 8 of Oakland.

Survivors include his wife, Goldie of El Cerrito; his son, Conrad of Kansas City, Mo.; his mother, Emma Brown of Oakland; a brother, Harold Senne of El Cerrito; two grandchildren and one great-grandchild.

The Rev. Palmer Watson will officiate. Burial will follow at Rolling Hills Memorial Park.

## Fruits & Vegetables



Lady Lee Cranberry Sauce	16 oz.	.48
Del Monte Fruit Cocktail	17 oz.	.74
Geisha Mandarin Oranges	16 oz.	.94
Lady Lee Pineapple Juice Pack	20 oz.	.69
Minute Maid Apple Juice	12 oz.	.95
C & W Frozen Petite Peas	16 oz.	.137
Del Monte Vegetables	17 oz.	.51
Del Monte Early Garden Sweet Peas	17 oz.	.53
Lady Lee Cut Yams	29 oz.	.77
Birdseye Frozen Vegetables	16 oz.	1.49
Green Giant Frozen Vegetables	10 oz.	1.07
Green Giant Le Sueur Frozen Baby Peas	10 oz.	1.07
Libby's Pumpkin	29 oz.	.75

Golden Bananas	each	.26
Navel Oranges	each	.25
Golden Delicious Apples	each	.45
Minneola Tangelos	each	.39
Emperor Grapes	each	.57
California Avocados	each	.19
Papayas	each	.89
Cucumbers	each	.19
Leaf Lettuce	each	.45
Green Onions	bunch	.25
Bell Peppers	each	.49
Yams	each	.35
Russet Potatoes	each	1.09
Walnuts	each	.69

## Chef's Suggestions



Farmland Canned Ham	5 lb.	8.49
Treesweet Grapefruit Juice	46 oz.	.84
Lady Lee Fruit Punch Concentrate	32 oz.	1.74
Mrs. Grass Onion Soup Mix	1.5 oz.	.39
Lady Lee Evaporated Canned Milk	13 oz.	.43
Del Monte Sweet Pickles	22 oz.	1.52
Del Monte Cocktail Sauce	12 oz.	.89
C & H Sugar	16 oz.	.57
Lady Lee Ground Black Pepper	4 oz.	.68
Schilling Ground Nutmeg	1.37 oz.	1.26
Sunlight Dishwasher Detergent	65 oz.	2.49
Crown Linensoft Table White Napkins	50's	1.19
Reynolds Wrap Aluminum Foil	37.5 sq. ft.	1.22

Harvest Day Brown & Serve Rolls	13 oz.	.81
Harvest Day English Muffins	12 oz.	.58
Kraft Philadelphia Soft Cream Cheese	8 oz.	1.19
Lady Lee Beverages	2 liter	.79
Lady Lee Egg Nog	1/2 gallon	1.78
Kraft Parkay Margarine Cubes	lb.	.58
Tropicana Orange Juice	64 oz.	1.59
Harvest Day Stuffing Bread	16 oz.	.48
Sunny Delight Citrus Punch	64 oz.	1.25
Land O Lakes Butter Cubes	lb.	2.05
Lady Lee Large Eggs	dozen	1.07
Durafame Giant Size Fire Logs	each	1.87
Pine Mountain Fire Logs	5 lb.	1.83

## Desserts

Birdseye Frozen Cool Whip	6 oz.	.92
Pillsbury Pie Crusts	15 oz.	1.41
Lady Lee Whipping Cream	1 pint	1.27
Lady Lee Ice Cream Flat	half gallon	1.83
Mrs. Smiths Frozen Pie Shells	14 oz.	.99
Mrs. Smith Frozen Pumpkin Custard Pie	26 oz.	1.91

## Wine & Champagne

Andre Champagne	750 ml.	1.89
Almaden Mountain Wines	1.5 liter	2.98
Ingenook Navale Wines	1.5 liter	3.19
Domaine Montclair Chardonnay	750 ml.	4.49
Domaine Montclair Cabernet Sauvignon	750 ml.	4.97
Wente Bros. Wines	750 ml.	3.25
Paul Masson Light Wines	1.5 liter	3.15
Lancers Wines	750 ml.	3.39



## Holiday Store Hours

For your shopping convenience we will extend our store hours to 11 pm on Thursday, December 22nd and Friday, December 23rd in most stores. On Saturday, December 24th we will close at 6 pm and remain closed on Christmas Day. We will be open regular hours on Monday, December 26th. Check your local store for hours.

## Beverages

Heineken Beer	12 oz. Non-Returnable Bottles	12 pack	7.95
Early Times Straight Bourbon	80 Proof	1.75 liter	9.75
Canadian Mist Canadian Whisky	80 Proof	1.75 liter	9.88
Tanqueray Gin	94.6 Proof - Imported	750 ml	8.95
Wolfschmidt Vodka	80 Proof	1.75 liter	7.95
Christian Brothers Brandy	80 Proof	1.75 liter	11.48
Bacardi Rum	80 Proof - Amber or Silver	1 liter	6.35
Chateau Royale Cordials	Amaretto, Coffee, Creme De Cocoa, White Creme De Cocoa, White Creme De Menthe, Green Creme De Menthe, Peppermint Schnapps, White Creme De Cocoa or Triple Sec	750 ml	3.69
Amaretto Di Saronno	56 Proof	750 ml	11.48
Bailey's Original Irish Cream	34 Proof	750 ml	12.85

Liquor Items Available in Northern California Stores with In-Store Liquor Department ONLY.

Prices effective Tuesday, Dec. 20th thru Monday, Dec. 26, 1983.

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# Lucky







# Churches

## ALBANY

### St. Alban's Episcopal Church

Today at 11:30 a.m., the Rev. Warren Debenham will celebrate Holy Communion with the laying on of hands for those who seek healing.

Christmas candlelight Communion is at 7:30 p.m. on Sunday, Dec. 24. Father Debenham will preach. Carols and lessons begin at 10:30 p.m. The choir is directed by Rita Dows, organist and choirmaster.

At the 11 p.m. candlelight service, Debenham will preach and celebrate Holy Communion, assisted by Nabil Habib, lay reader, and Mary Janet Lindstrom, lay associate. The offertory anthem will be "Arise, Shine," by Handel.

No 8 a.m. service on Christmas Day. Holy Communion is at 10 a.m. Ushers are Alex Rogers and Christy.

Neither the church school nor the inquirers' class will meet until the New Year.

St. Alban's Episcopal Church is at 1501 Washington Ave.

### First Baptist Church of Albany

On Christmas and New Year's Day, services will be at 11 a.m., led by Pastor Alan Newlove.

The church is at 1319 Solano Ave. Phone 526-6632.

### Albany United Methodist Church

Christmas Eve candlelight service is at 7 p.m. with brass choir and other music.

Christmas Day at 11 a.m., the Reverend Virginia Smith will preach on "Joy to the World! The Lord is Born." Child care will be provided.

Dec. 26, no Bible study.

The church is at 980 Stannage. Call 526-7346.

### Gracepoint Baptist Church

Sunday Bible study is at 9:45 a.m., worship service is at 11 a.m. A 5 p.m. discussion hour is followed by worship and song.

Staff includes Rev. Glen G. Campman, pastor; Rev. Torrez, associate pastor; D. Shayne Gilpin, minister of music; and Steve Beck, minister of youth. The church is located at 1221 Marin Ave.

### Church of Christ

On Sunday, Bible study is at 10 a.m., worship at 11 a.m., with the Rev. Max Crumley, Sr., minister. Wednesday Bible study is at 7:30 p.m.

The church is at 1370 Marin Ave.

### Berkeley Buddhist Priory

The priory, the Rev. Teigan Stevens, invites the public to attend meditation periods and services Tuesday-Sunday.

Beginners' retreats are held the first Sunday of each month from 9 a.m. to 4 p.m. and include a vegetarian meal. A gift shop and library are available. For more details call 528-2139.

Instruction in Soto Zen meditation is offered the first Tuesday of each month at 7:30 p.m.

The priory is affiliated with Shasta Abbey, a Zen Buddhist seminary and monastery in Mount Shasta, Calif., founded in 1970 by the Rev. Roshi Jiyu Kennett.

The priory is at 1358 Marin Avenue.

### EL CERRITO

### El Cerrito United Methodist

The El Cerrito United Methodist Church will hold its Christmas Eve service at 7:30 p.m.

A candle light service will be held on Saturday, Dec. 24, at 7:30 p.m. Rev. Phillip C. Lawson will speak at both services. The title of his Christmas Eve sermon is "No One in the Inn," and his sermon title for Christmas Day is "When Glad Things Happen to Sad People."

The scriptures for Christmas morning are: Psalm 96; Luke 2:1-15; and Luke 2:1-20.

Music: "Unto Us A Child Is Born," by Ward Stephens and "Infant Holy," a Polish carol, will be sung by the choir.

For information, call 525-3500. The church is at 6830 Solano Ave.

### Grace Lutheran Church

Sunday, Dec. 24, at 7 p.m., for the Christmas Eve service the Sunday school will present a Nativity scene. The service will be candlelight service for the congregation.

Christmas Day, Dec. 25, at 9:30 a.m., Pastor Ralph Moeller's message will be "When the World Became New" from John 1:1-18. This will be a Communion service with carols.

Holy Communion is administered the second and third Sunday of each month.

Wednesday, Dec. 21, at 7:30 p.m. under the direction of Pastor Moeller, the adult choir will rehearse.

The church is at 15 Santa Fe. For information, call 524-0004 mornings or 549-0858 afternoons.

### Hillside Community Church

Informal fireside service is at 11 a.m. on Sundays, led by Rev. Horand Gutfield.

For more information, call 525-1462.

The church is at 1422 Navellier St.

### Bay Area Seventh Day Baptist Church

The church holds services every Saturday in the chapel of the United Methodist Church, 6830 Stockton Ave., El Cerrito. The pastor is the Rev. Stephan Saunders.

The service begins at 10:30 a.m. Sabbath school follows at 11:45. A potluck lunch is held each week.

Bible studies are held weekly. For information, call 525-55 or 757-6426.

### Mrs. Vista United Church of Christ

On Dec. 24, there will be a Christmas Eve candlelight service at 8 p.m., with Christmas music by the choir.

On Dec. 25, the worship service is at 11 a.m. The service will include carol singing, a film strip "Wonderful Surprises," and a children's story by Virginia Carroll.

The church is at 7075 Cutting Boulevard.

### Northminster Presbyterian Church

Christmas Eve candlelight service is at 8 p.m. Christmas Day worship is at 10:30 a.m.

Child care is provided. For information, call 524-0004.

The church is located 545 Ashbury Ave. Phone 524-0004.

### St. Patrick's Episcopal Church

The church is located at Potrero and Everett streets. Call 527-0216.

### KENSINGTON

### Arlington Community Church

Christmas Eve children's service is at 5 p.m. The children's choir Sunday school, under the direction of Louise Rowland and with piano accompaniment by Willey, will assist narrator Marc Villa in re-telling the Christmas story.

Children and families are invited to bring non-perishable food items, wrapped in plain white paper.

The candle-lighting service at 11 p.m., Dec. 24, will be a Communion.

The sanctuary choir, under the direction of Marlene Rule, will sing Christmas music. There will be poetry reading by Dr. Wayne Rood. Communion will be celebrated by Rev. Ken Barnes and Rev. Linda McFadden.

Burdick is the church organist.

Sunday, Dec. 25, at 10 a.m., Ken Barnes will deliver a sermon, "Christmas: Present," based on Isaiah 9:2-7 and Luke 1:39-55, with Luke 1:46.

The congregation is invited to bring Christmas presents which will be placed on the altar during worship.

The Arlington Community Church is at 52 Arlington Ave., Kensington.

### The First Unitarian Church

The sermon for Dec. 25 at 11 a.m. is "The Four Gifts of Christmas" by Richard F. Boeke and Lynn S. Smith.

At 10 p.m. on Dec. 24: Christmas Eve candlelight service with organ by Susan Fisher, and the choir led by Edwin Barlow.

At 9:30 a.m. Christmas Day: a service led by Lynn Smith. At 11 a.m. Smith will conduct Christmas readings by Henry Van Dyke.

At 7:30 p.m. on Dec. 25: singles Christmas party. At 6:30 p.m. on Tuesday, Dec. 27: covered dish supper with traditional English foods. At 7:30 p.m.: film comedies.

The church is located at 1 Lawson Road, Kensington.

### THOUSAND OAKS

### Epworth United Methodist Church

Christmas Eve service is at 7 p.m. It will include the Christmas pageant, lighting of the Advent Wreath and carols.

The Christmas Day worship is at 10 a.m. The service will begin with carols, followed by the musical, Amahl and the Night Visitors.

Coffee and punch time will follow. Baby care is provided.

The church is located at 1953 Hopkins Street in North Berkeley.

### Thousand Oaks Baptist Church

Wednesday, Dec. 21, 6:15 p.m.: family potluck supper with caroling. There will be groups for youth, sixth through 12th grades, and adults.

On Wednesday, Dec. 21: Christmas supper. Bring a hot dish or salad. Carols will be sung and there will be music.

Friday, Dec. 23 at 7 p.m.: Christmas play and cantata by El Golgota Spanish Church. Also, Thousand Oaks Baptist Church youth Christmas Party.

Dec. 25 at 8:30 a.m.: Thousand Oaks Baptist English Christmas worship service. John Chapman, student at Golden Gate Seminary and Associate Minister, will preach. There will be music with Joshua Chen, a student at Albany High School.

The Chinese worship service is at 10:30 a.m. under the leadership of Rev. Chen. The El Golgota Spanish Assembly of God congregation service is at 10:30 a.m. and will be conducted in English and Spanish. Rev. Augustin Rodriguez is the pastor.

The church is at 1821 Catalina Ave., Berkeley.

### North Congregational Church

On Christmas Eve, there will be supper in the fellowship center at 5:30 p.m. Bring a hot dish, salad, or dessert.

Following the supper, carols and candlelight at 6:45 p.m.

On Christmas Day: 11 a.m. worship service, and carol singing, poems, readings, and personal remembrances.

Rev. Bob Graham will read an essay, "The Christmas Vision." Joanie Graham will play the organ and piano. Russell Corning and Marion Kieser will be the deacons.

The church is at the corner of Cedar and Walnut streets in North Berkeley. For further information, call 848-1201.

### Thousand Oaks Baptist Church

The church is located at the corner of Colusa and Catalina avenues in Berkeley. Phone number is 526-3773.

### Northbrae Community Church

Our Sunday program includes classes for all ages, nursery care, worship and coffee hour. Dec. 24 at 11 p.m.: traditional Christmas Eve candlelight service.

Dec. 25 at 11 a.m.: family worship service.

The Northbrae Community Church is at 941 The Alameda in North Berkeley.

### OTHER CITIES

### Chinese Rhenish Church

This bilingual (Cantonese and English) Lutheran church welcomes the public to worship every Sunday at 11 a.m., with Sunday school classes for all ages at 9:30 a.m.

The pastor is the Rev. Loke Hoy-San.

The following weekly classes are offered: English Bible study, Wednesday, 8 p.m.; Chinese Bible study, Thursday, 8 p.m.; youth fellowship, Friday, 7:30 p.m.; Chinese language school, Saturday 9:30 a.m. to noon; family and individual counseling by appointment only. Call Dr. Loke at 232-0579 or 232-1072.

The church is at 4709 MacDonald Ave., Richmond. Phone 232-1072.

### Temple Beth Hillel

Temple Beth Hillel is located at 801 Park Central (off Hilltop, at the entrance to Hilltop Green). For further information, call 223-2560.

### First Congregational Church of Berkeley

Three Christmas Eve services will be held on Dec. 24.

A brief service for young children: at 5 p.m. Christmas Eve Communion service: 10 p.m. Candlelight service of music and scripture: 11 p.m.

The candlelight service is broadcast on radio station KGO (1400 a.m.) For further information, call 848-3696.

The church is at 4709 MacDonald Ave., Richmond. Phone 232-1072.

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# Taylor awarded navy medal

Gunnersmate Guns First Class Gerald Taylor, 38, of El Cerrito has been awarded the Naval Achievement Medal for his outstanding performance on the USS Mauna Kea.

"It was such a surprise," said Taylor about receiving the award, "I didn't expect it." He was the leading petty officer in the Mauna Kea's Weapons Department's Third Division.

Signed by Secretary of the Navy John Lehman, the medals awards Taylor for initiating "a highly successful training program which enabled a relatively inexperienced and junior group of men aboard the Mauna Kea to attain an outstanding level of proficiency."

The Mauna Kea, an ammunition ship based at the Concord Naval Weapons Stations, was recently transferred from the reserve fleet to active duty.

"Most of the new crew who replaced Naval reservists came from recruit training, and I had to train everybody," said Taylor. His successful training made it possible for the ship to be certified to carry special weapons and ammunition.

Taylor, now assigned to the Naval Marine Corps Reserve Center staff, Treasure Island, has 10 years Naval service. Raised in St. Louis, Mo., he has lived in El Cerrito since 1973.



Gerald Taylor

# Will closing city jail lead to muni court move?

By KAREN MATTHEWS

Berkeley's city jail, originally scheduled to be closed when a new county jail in Oakland opens this spring, may remain open after all — if City Manager Daniel Boggan and a committee of judges from the Berkeley-Albany Municipal Court can work out a way to finance repairs of the jail.

At a recent City Council meeting Judge Julie Conger said the closing of the jail "would have a disastrous effect on the Berkeley community." She said it was the opinion of everyone involved in the criminal justice system in Berkeley, including judges, public defenders, the District Attorney's office, court clerks, and mental health professionals, that closing the jail would be a mistake.

Studies conducted by the State Board of Corrections and the city's public works department have indicated that rehabilitating the 46-year-old jail, located at 2171 McKinley Ave., could cost \$1.7 to \$2 million.

In addition, a report issued by the city's public safety department says it would cost \$189,250 a year to maintain the jail adequately and another \$160,000 a year for the salaries of five new jailers.

Police Chief Ronald Nelson told the council some of the most serious problems in the jail were poor lighting, electricity, and plumbing, and the inadequate condition of the drunk tank. The city is risking serious liability by operating the jail in its current state, Nelson said.

City Manager Daniel Boggan agreed, saying, "We should not be running the jail the way we are now. I'm really surprised that we haven't been taken to task for the kind of jail we run."

Conger also agreed that the jail should be repaired, but she said there would be many disadvantages to closing it.

She said the new county jail, scheduled to open in April or May, will have 562 beds, and that Alameda County Sheriff's Department officials have predicted that there will be an average of 750 inmates in the jail from Oakland alone — resulting in substantial overcrowding.

Conger also listed several ways the transportation of Berkeley prisoners to Oakland would hamper the efficiency of Berkeley's criminal courts. Police detectives and mental health workers would have to travel to Oakland to interview prisoners, she said.

Berkeley's Own Recognizance project, which provides judges with information about prisoners to assist them in deciding whether to release people after arraignment, would not be able to operate from Oakland, she said.

Another issue raised by Conger and Susan Bookman, the director of the Own Recognizance project, was the likelihood that the closing of the Berkeley jail would ultimately result in a move from the county administration to close the municipal court as well, a move the Berkeley City Council has unanimously opposed.

Prisoners are held in the city jail only until they are arraigned, usually within 24 hours. If the plan to close the jail is adopted, officers will drive their prisoners to the new Oakland jail after they arrest them and turn them over to the sheriff's department for booking. There was disagreement over how long this process would take.

Chief Nelson said it would take a total of 45 minutes

for the officer to drive to Oakland, turn the prisoner over, and drive back.

Conger said this estimate was "wildly optimistic." She said it had recently taken her 22 minutes to drive from Berkeley to the new county jail in light traffic. She also said, given projected overcrowding, once at the new jail Berkeley officers might have to stand in line to turn over their prisoners.

Everyone at the meeting agreed, on the other hand, that there would be advantages to keeping the city jail open — if it could be maintained better.

"We all agree on the advantages of keeping the jail open and in the city," said Nelson.

This position appeared to be a shift for the police department. A July 26 memo from public safety director Victor Porter, who is Nelson's immediate supervisor, said the police department "advocated" closing the jail.

Nelson also said one solution would be to repair some of the worst aspects of the jail for some undisclosed amount that would be less than the \$1.7 million figure.

Councilman John Denton asked if the city could impose a 50-cent surcharge on traffic fines to pay for jail improvements.

"It sounds like a good idea," said Boggan.

Vice Mayor Gilda Feller made an alternate suggestion of a general obligation bond to pay for repairs.

Conger and Boggan said they would set up a meeting between Boggan and the judges to discuss the feasibility of these and other ways to finance jail repairs without having to deplete the police department's already strained budget.

Boggan said he would report back to the council in two to three months with the group's findings.

# Housing report OK except poor quotas

The executive board of the Association of Bay Area Governments voted 10-5 to adopt a regional Housing Needs Determination plan projected for the San Francisco Bay Area.

In a unanimous vote, the board also approved a motion to ask the Legislature to repeal its requirement that ABAG provide a distribution of housing need by income category.

"The figures mean nothing," said June Bulman, a Concord city councilwoman. "None of us are going to meet those figures. We're doing all we can do."

The cities of Antioch, Monte Sereno, Mountain View, Richmond, San Pablo, South San Francisco and Vallejo filed revisions in protest of the association's projected housing need based on income category.

Culminating two-years of research, the Housing Needs Determination report includes a distribution of the 1990 housing need by income category. Local shares of regional housing needs are calculated.

State law requires that all local General Plans in the state be revised to conform to the provisions of law by July 1, 1984. There are no enforcement provisions, however

## Pair robbed

EL CERRITO — A middle-aged couple was robbed of \$130 last Wednesday night by masked bandits who tied them up on the floor of their Julian Court home.

The victims told police the two men, wearing ski masks, entered the home through a side door about 9 p.m., then threatened the residents with a knife and a club.

The victims were bound with neckties taken from the closet, then questioned about money in a safe.

When the bandits were told the safe did not exist, they took some cash and left.

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CROSS COUNTRY: (100 UNITS)

Rent a \$175.00 X/C OUTFIT FOR \$10.00 WEEK



# Clubs

## ALBANY

**Pocahontas:** Ramona Council 206, Degree of Pocahontas meet the second and fourth Monday of each month at the Albany United Methodist Church, 980 Stannage Ave., at 8 p.m.

Workshop meets the second and fourth Tuesday of each month at 2927 Carlson Blvd., El Cerrito, from 10 a.m.-2 p.m., making craft articles. Lap robes will be given to the Veterans' Home in Martinez.

**Albany Lions Club** meets every Thursday at El Cerrito Station at 6:45 p.m. For information, call 527-8298.

**Albany Rotary:** Albany Rotary Club meets Tuesday at 12:15 p.m. at Spenger's Fish Grotto in Berkeley. Dec. 27, Major George S. Prugh, USA ret., will discuss the Geneva Convention and the law of war.

**Frosting Freaks:** Frosting Freaks, a cake-decorating club meets in Albany the fourth Thursday of each month. For further information, call 527-9184.

**Scandinavian Club:** Framat Lodge, Vasa Order of America, meets once a month at the Albany Temple, 533 San Pablo Ave. Activities include dinners, cultural events, dances. For more information, call 527-3134.

**Bridge club:** The club meets at noon on Mondays and Thursdays at the University Village Community Center, 1123 8th St. For more information, call 232-6689.

**American Legion:** Albany Post 292 meets the first Friday of the month for dinner and the third Friday for a business meeting at the Veterans Memorial Building, 1325 Portland Ave.

**American Legion Auxiliary:** Albany Unit 292 meets at the Veterans Memorial Building the second Monday of each month at 8 p.m.

**Golden Gate Lionesses:** Albany Lionesses Club meets the first and third Wednesday of the month at 7 p.m. at Kirby's in El Cerrito Plaza.

**Soroptimists:** Soroptimist International of Albany meets Wednesdays at 12:15 p.m. at Kirby's in El Cerrito Plaza.

**Toastmistresses:** The USDA Toastmistress Club meets the first and third Wednesday of each month from noon to 1 p.m. at the Western Regional Research Laboratory, 800 Buchanan St., Albany. For information call 486-3736.

**Toastmasters:** This organization of men and women who wish to improve their speaking, listening and leadership skills has five clubs in the Albany area. For information call Michael Jay at 848-5451.

**Scrabble:** Albany Scrabble Players Club No. 41 meets the second and fourth Sunday at 12:45 p.m. at 605 Carmel Ave. Call 526-8675 for reservations.

**Chorus:** The Berkeley Women's Chorus meets

Thursday morning at 10 a.m. at the First Baptist Church, at Solano and Pomona. No auditions are held; the only requisite is the love of singing.

**Booster Bingo:** Albany Booster bingo meets every Saturday at Albany Middle School, 1000 Jackson St. Doors open at 5:30 p.m. Games start at 7.

## EL CERRITO

**TOPS:** The El Cerrito TOPS (Take Off Pounds Sensibly) Club, 1941 meets every Wednesday morning at 10 a.m. at 6830 Stockton Ave. For more information call 232-2272.

**Dancers:** Learn to square dance with the Buzzin' Cuzzin Square dance Club of El Cerrito. Every Monday, at 7 p.m. at the Veteran's Memorial Hall, 6401 Stockton Ave. For information call 222-0505 or 526-8647.

**Bridge:** Free continuing bridge lessons on Thursdays at Fairmount Recreation Center at 7 p.m. Duplicate game follows. Duplicate games also on Tuesdays at 7:30 p.m.

**Kiwanis:** The Albany-El Cerrito Kiwanis meets Tuesday at 7:30 a.m. at Carrow's Restaurant, 6120 Potrero Ave., El Cerrito.

**El Cerrito Rotary:** El Cerrito Rotary meets Thursday at 12:15 p.m. at Cerrito City Club, 1600 Kearney.

**El Cerrito Lions:** The El Cerrito Lions Club meets Tuesday evenings at 6:30 p.m. at the Cerrito City Club, 1600 Kearney. The club collects old or unused eye glasses, which it sends abroad. Drop off: Sunshine Cleaners, 10750 San Pablo Ave.

**Salt Water Revival:** The El Cerrito Salt Water Revival Skin and Scuba Diving Club meets on the first Wednesday of the month at 8 p.m. at Harding Park clubhouse, 7115 C St. For information call 525-6229.

**Coin Club:** The North Bay Coin club meets the third Tuesday of each month at 7:30 p.m. at the Tassajara Park club house, Tassajara and Barrett, El Cerrito. No meeting in December.

## KENSINGTON

**Singles:** The Singles Club of the First Unitarian Church schedules many activities, including yoga, singalongs, dinners, dances, work parties and theatre parties. For information, call 486-5529 (days) or 525-2299 (evenings).

## THOUSAND OAKS

**Overeaters Anonymous:** Meets every Monday night at 7:30 p.m. at Northbrae Community Church, upstairs in the 4th-5th grade room. No dues, fees or weigh-ins. For further information call 569-1374 and leave a message. For further information call 569-1374 and leave a message.

## OTHER COMMUNITIES

**Men:** The Men's Forum of the North Congregational Church, 2138 Cedar St., Berkeley, meets 9:30-10:30 a.m., Sunday mornings.

**Sweet Adelines:** The Harmony Bay Chapter of Sweet Adelines welcomes new members on Wednesday evenings, at the first Congregational Church of Berkeley, 2345 Channing Way, in Berkeley, at 7:30 p.m. For more information, please call Deanna at 515-1196 or Carol at 233-5743.

**Bridge:** The Live Oak Bridge Club is a non-profit community group that sponsors regular duplicate bridge sessions at the Live Oak Community Center in Berkeley.

For further information, contact Dick Evans at 843-4605.

**Radio Club:** The East Bay Amateur Radio Club is devoted to furthering interest in amateur radio, participation in emergency radio service, and helping those interested in obtaining amateur radio licenses.

Meetings are held second Friday of the month at 7:30 p.m., at Salvation Army Center, 36th and Rheem, Richmond. For further information call Fred at 233-2076, or Don at 237-1381.

## Class to delve deep in the heart of taxes

ALBANY — Included in the winter quarter curriculum of Albany Adult School will be a course in income tax preparation.

The class will cover various types of income subject to tax and will discuss allowable deductions. There will be demonstrations of how to prepare income tax returns, involving salary income, interest, dividends, sales of property and rental property.

There have been numerous changes in the federal and state income tax laws that will be discussed in class. The class also is to help students understand tax instructions and is designed to help those who prefer to prepare their own returns.

The course will meet at 10 Tuesday evenings from 7 to 9 p.m., starting Jan. 3. The course will be taught by Joseph Benton and the tuition is \$27.

## New Lioness Club formed



Lions Club president Carl Grigsby, left, and new officers Gloria Hansen, Lioness tamer; Ruth Call, treasurer; Eileen Leon, treasurer.

—Luoma Photography

More than 200 persons attended the certification of the new Golden Gate Lioness Club and installation of officers at a dinner held at the Marriott Inn.

The club is composed of 31 members from Oakland, Berkeley, Albany, El Cerrito, Richmond, other areas of West County, and Benicia.

More than 100 guests from neighboring Lioness and Lions Clubs witnessed the candlelight ceremony and offered congratulations in the form of cash, gifts, and words of encouragement.

New officers are Mary Flynn, president; Eileen Greggsby, vice president; Cindy McDonald, secretary; Gloria Hansen, Lioness tamer; Ruth Call, treasurer; Eileen Leon, treasurer.

The service club's first project was donating Christmas gifts to patients at Napa State Hospital.

Dinner meetings are held the first and third Wednesday of each month, 7 p.m., at Kirby's El Cerrito Plaza.

## Christmas charity giving drops off in west county

By BARBARA ERICKSON

The economy is up, by most accounts, but giving is down this Christmas in West County.

Volunteers and officials who raise money for the needy, are finding their pots are emptier during the 1983 holiday season. Checks are smaller, they say, and fewer people are writing them.

"I don't know why," said Ron Peachee, manager of the San Pablo branch of Mechanics Bank and treasurer of San Pablo Toys for Tots, "but I wish I knew. Next year we will just have to start earlier."

Peachee's group will be supplying toy vouchers for only 100 children this year, compared to 200 in 1982. Inflation and fewer donors are both to blame.

"We've gone down from \$2,000 to \$1,500," he said. "The fund-raisers just aren't bringing in the money." Toys for Tots held a spaghetti feed recently, he said, and brought in \$540 compared to the usual take of \$700 to \$750.

"And people who normally send in \$50 are sending in \$25," he said.

Last year Peachee's group gave each child a \$10 gift certificate. This year they are upping the total to \$15 because prices are higher. "We're only actually serving 100 kids this year," he said, "and that's not good."

The story is the same at the Richmond Salvation Army. Capt. Joe Chavez, corps officer, said, "The kettles (operated by Santas at local shopping centers) are really depressed." This has been true for the past three years, he said, but during the present season, other sources of funding are also down.

A mail appeal to 7,000 residents of West County brought in \$8,240 this year compared to \$11,495 last year, a decline of 28 percent. Service clubs — like Richmond Rotary, which donated \$1,000 — are still giving, he said, but there are fewer individual donors.

Chavez said the number of needy families does not seem to have changed this year from last, only the income. The Salvation Army, he said, will still put together as many packages as possible, supplying food vouchers, toys, and "hygiene packs" (of soap, toothpaste, combs, etc.) for children and adults. Families are referred through county social services.

Doni Blumenstock, coordinator of volunteer programs for social services, also said fewer individuals are giving.

The First Baptist Church and the Social Security Western Program Center have "adopted" 11 and 18 families, respectively, she said, but in all she has arranged for only 45 to 50 adoptions compared to 76 last year.

She has also put out barrels in Ellie's and VP's restaurants to solicit toys in a "Teddies for Tots" campaign. The project especially needs toys for boys, she said, but she is hoping that it will not suffer the same drought other groups are experiencing.

Blumenstock has some ideas on why the rate of giving is lower this year.

"Last year people knew about the needy," she said. "This year we've all been exposed to a line about how the economy is improving. It may be true in some places, but it's not true here. People are being laid off, and those who

have just been hired are trying to catch up."

Blumenstock, who has coordinated Christmas donations for nine years, said, "We work with the needy. Her welfare clients, she said, have nothing left over, paying for rent and food. A mother with one child, instance, receives \$427 a month.

Peachee also hazarded a guess about the reason the empty pots. There are more organizations out there, he said. The local historical society, for instance, was vying for money at the same time as Toys for Tots, a new source of competition.

The gift giving, he said, is "spread thin," and with schools also trying to tap private pockets with holiday games, individuals have less money to spend.

Blumenstock said it is growing more difficult to get the money donations dry up and the appeals come in during the last days before Christmas.

"Now we are getting appeals from people who want at the last minute that they are not getting it done. They thought they could do it on their own, but couldn't."

With all the Christmas hype on TV and everywhere else, she said, it is hard to explain to small children why there are no gifts.

"I don't know how you say to a kid," she said, "Claus missed our house this year."

## Blood mobile unit plans December stop

A mobile blood unit from the Alameda-County Medical Association will be in two Berkeley locations this month.

On Tuesday, Dec. 27, the mobile unit will be at Sather Gate Inter Council of Churches, 2407 Divisadero from 3 to 7 p.m.

On Thursday, Dec. 29, from 10 a.m. to 4 p.m., the unit will be at Alta Bates Hospital, Colby at Ashby.

Those who wish to give blood fill out a 33-page medical form. Nurses will take the pulse and check blood pressure of would-be donors.

The whole procedure takes from 45 minutes to an hour, according to Jean E. Coach, director of donor recruitment.

Donors may receive credit for the blood, may use it as a replacement unit for another person or may donate the unit to their own donor club or church.

## CareCabs available for drunk drivers

Fresh cranberries won't be the only thing "sauced" this holiday season. National law enforcement officials estimate that almost 2,000 injured by drunk drivers during the month of December.

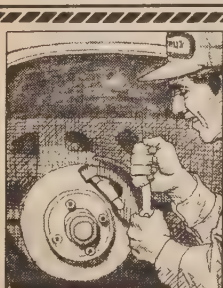
To help combat these deadly statistics, CareCabs in the Bay Area have announced plans to offer free rides to those revelers who are too drunk to drive home on the night of celebrating.

Called CareCab, this free service will be available nightly between 7 p.m. and 3 a.m. from Dec. 22 to Jan. 2 and will take drinkers home from any public restaurant.

"We are encouraging anyone 'out of town' who had too much to drink to give us a call at 666-7878. Dan Graney CareUnit coordinator at Alta Bates in Berkeley and spokesperson for the CareCab program will dispatch a cab, no strings attached."

The tab for this 12-day "free ride" CareCab program will be picked up by Comprehensive Care Center.

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185-14  
185-70-14  
195-70-14

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+ TAX  
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CAMERON TIRE BARN

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RICHMOND

## Quick look at logotherapy

KENSINGTON — "Logofair 1984," a demonstration of Dr. Viktor Frankl's meaning-oriented, holistic ideas and methods will be presented by the Institute of Logotherapy from 10 a.m. to 3 p.m. Saturday, Jan. 14, at the First Unitarian Church of Berkeley, 1 Lawson Road.

The public is invited. The event is free for members of the institute and \$3 for others.

Dr. Joseph Fabry, executive director of the institute, will describe Frankl's methods, which are said to provide individuals with tools to overcome emptiness, frustrations and depression and to find ways out of traps and transition periods.

Trained logotherapists will offer sample workshops in the morning and afternoon, demonstrating how to deal with personal and educational problems. Bring a bag lunch. Coffee and tea will be available. For additional information, call 845-2522.

## Christmas singoff

The Hyatt On Union Square held its second annual Christmas Singoff, featuring eight Bay Area High School choral groups.

Among the competitors was a group from Albany High School.



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#### Deadlines:

Classified liners are taken up until 5 p.m. for publication in the following day's paper.  
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#### HELP WANTED 060

MAINTENANCE PERSON. Need exper. reliable person for janitorial & maintenance duties. Full time Mon-Fri. \$4.25 hr. Call 527-7751.

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Certified & uncertified with exper. full & part-time positions. Day & pm shifts. Hillside Manor San Rafael 479-5161

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#### SECRETARY/ADMIN. ASSISTANT

Elegant Berkeley Office with parking. 9-3 pm. Mon-Fri. Good communication skills, light typing (40+ wpm), IBM memory exper helpful. General office admin. Salary neg. Resumes: 2855 Telegraph Ave. So. 101, Berk. Ca. 94705. 540-6171.

SERVICE Sta. Attendant, full time. 10192 San Pablo Ave. EC

TAXI Cab-Owner/Operator. Join a fast growing, productive Taxi Cab operation. Be your own boss. Call 236-8500 Tues & Wed 1-5pm

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DENTAL RECEPT. Full time for Pedodontic office. Exper or RDA preferred. Pension plan & benefits. Salary commensurate with exper. Call 524-4633.

DIETARY SUPERVISOR. Must have certification & experience for 57 bed SNF. Please call Administrator at Greenvale Convalescent Hospital. 235-1052

#### ACCOUNTANT

A rapid growing Real Estate Development Co., in Richmond needs an individual to handle all aspects of business accounting with emphasis on real estate & construction. Also must have knowledge in tax plan. Applicants must be personable and desire to consult with clients on tax accounting and financial matters. Computer exper necessary. Salary commensurate with exper. Call MEM Investment Corp., 236-5345, btwn 9-5 for appl. EOE.

AN-OTHER Termite Co. has openings for a licensed Structural Pest Control Inspector & experienced Journeyman. Top pay. Excellent working conditions. Benefits, profit sharing plan. All applications confidential. 525-4166.

ASSEMBLY LINE. Looking for results-oriented people with 2 years' exper. to work on small, detailed components. Call 848-5073.

AU PAIR for 5yr. old girl. Must be. Must drive. 482-5187.

WAITRESSES, full time. Apply in person bet 9-11 am. Plane's, 3721 Dam Rd. El Sobrante.

CARPET CLEANING TECH. Reliable vehicle, no exper nec but helpful, good pay, must be well dressed 18 or over. 895-1107

COUNTER Prep-1 full/1 part time. Energetic, neat, fast; pref w/car. Cappuccino cafe. 428-9279

HOUSEKEEPER-Cook. 5 days, 4-9pm approx. Busy man needs help. Salary open 465-3728

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EARN EXTRA CASH WANTED:

Newspaper Subscriptions 18 years or older. Experienced preferred, but not necessary—Will Train.

TOP COMMISSION Full or Part-time

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JIM MASINGALE

#### HELP WANTED 060

TELEPHONE REP. 20-24 hr/wk. Salary, bonus & commissions. Call Lisa after 10pm. 544-3333 Insulation Works of Berkeley, 1805-2nd St.

#### TEMPORARY OR PART TIME 065

PRE Schools Assistant, small group in Richmond, some exper req. Start now. Mon-Fri. 1-4 pm. Laurie 234-5603

RETAIL Clerk, experienced. Part time (some weekends). Call Park Pharmacy. 232-1323 bet 2-4 pm ONLY

SCHOOL BUS DRIVERS needed. Richmond area. Will train. 18 yrs or older, good driving record. Apply Mon-Fri 9-4. 2464 Bates Ave. Concord.

SECURITY OFFICERS "Temporary Positions" Now hiring for temporary security positions in Marin/Concord area. Must be 21 or over, have own car-val/driver's license & phone. No weapons. No exper. necessary. Call 724-3063 E.O.E.

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#### TEMPORARY OR PART TIME 065

TEACHER. Pre-school, 1-4 pm. \$5. hourly, must have 12 units college credit.

FOOD SERVICE. Serve lunch/cleanup. 11 am-1 pm. \$4. hourly. Days 237-9980; even 526-5272

TELEPHONE SOLICITORS needed to call from own home for useful household donations for United Cerebral Palsy. Mr. wage plus bonus + vacation + paid medical 881-5812.

SALES HELP WANTED 070

TELEMARKETING Daily newspaper seeks inside classified advertising sales representative. Must be energetic, caring and a team player. Call Diane Mann. 234-6262.

WORK WANTED 070

BERKELEY High School students available for part time work.

LIVE-IN Japanese/Chinese Housekeeper. Responsible, active Japanese woman. 549-3178

STANFORD ckl seek house sitting for Christmas/New Year. Jo Ann 654-0594 nights.

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ORGAN Hammond Spinnet Model M. Perfect condition. \$750. 527-9218.

DRUMS-Lud. 6 pc w/new heads. 2 cymbals. Hi-Hat. complete w/hardware \$550/offr 843-3053

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## Jacoby on Bridge

NORTH 12-20-83	
♦ 74	
♥ 9643	
♠ A J 9 7 2	
♣ A 8	
WEST	
♦ K J 9 6 2	
♥ A 7	
♠ 6 3	
♣ Q 10 6 4	
EAST	
♦ 10 8 5	
♥ 10 8 5 2	
♠ K 5 4	
♣ J 7 3	

Vulnerable: Neither  
Dealer: South

West North East South  
Pass 3 NT Pass 1 NT  
Pass

Opening lead: ♦ 6

By Oswald Jacoby  
and James Jacoby

South took his queen of  
spades and wasted no time  
attacking dummy's diamond

suit by finessing his queen.  
East took his king and  
shot back a spade. South  
ducked once, but had to win  
the spade continuation.  
Then South rattled off the  
four good diamonds. West  
had to make three discards.  
The first two were of hearts.  
East and seven of hearts.  
Meanwhile, East had let two  
little hearts go. He realized  
that his jack of clubs needed  
all the protection he could  
give it.

On the last diamond West  
had a problem, but finally  
solved it by chucking another  
club. He needed to keep  
his two spades to be able to  
beat declarer and had to  
hope that East would close  
the necessary clubs.

South had a cinch for his  
contract. At trick two he  
should have led a heart. If  
West takes his ace, he is left  
with no entry for his spades.  
If West ducks, South abandons  
hearts and takes the  
diamond finesse since he is  
now sure of nine tricks even  
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# Police beat

## Suspects sought for rapes on the Richmond line

By NORMAN COLBY

Police are investigating two rapes that occurred in the same remote corner of the downtown BART parking lot.

Composite photos have been assembled of the two rapists who reports say in each case grabbed their victims from behind and threatened them with knives or other sharp instruments.

Both victims were middle-aged women who were attempting to enter their cars when the attacks occurred, the first at 7 p.m. Nov. 30 and the second at 4:45 p.m., Dec. 10.

According to BART spokesman Cy Moubert, "We have increased our patrols at all stations in the system, and are using stake-outs."

Moubert said the victims did not recall specific statements by the rapists, but only that they felt threatened by the weapons.

The Nov. 30 rapist was described as black, 17- to 19-years-old, 5-foot-9 to six-foot, 175 to 185 pounds, clean-shaven and wearing a baseball cap.

Reports say he forced the woman into her car, where the rape took place.

This man is also believed to have committed another rape the day before in the parking lot of the BART Fruitvale station in Oakland.

The Dec. 10 rapist was described as black, 30 to 35

years old, 6 feet to 6-2, slim with full beard, wearing a knitted cap.

He forced his victim into a van parked nearby, according to reports. The van was described as old, make unknown, dark blue or gray, with a sliding side door.

In both cases, the attacks occurred in a remote, but lighted portion of the Richmond BART parking lot area, adjacent to Barrett Avenue between 18th and 19th streets.

Richmond Police Sgt. Ray Ramer said his department does not investigate crimes committed within BART properties. They assist only in emergencies, in making arrests or performing identification services.

Moubert said BART police are advising the public to take precautions to avoid attacks in the BART parking lots:

"They should wait in the station area," he said, "until they see someone else going in the same general direction."

"They should have keys in hand as they approach the car, avoiding any delay before getting inside."

"Before opening the door, they should look into the back seat, even if the car seemed to be locked."

"And if they feel someone is following them, they should turn around, immediately return to the station and notify the station agent, who will contact BART police," Moubert said.



Composite photos of suspects in Dec. 10 rape, left, and Nov. 30 rape

## Handicapped BART users complain of staffing lack

Handicapped BART riders have told an Oakland judge that their civil rights are being violated because the transit system fails to adequately staff its train stations to assist the disabled in entering and exiting the stations.

The handicapped patrons also complained that those with movement and coordination problems find it very difficult, and sometimes impossible, to use telephones at stations to call for assistance.

More than a dozen wheelchair-bound people attended a hearing this past Monday in Alameda County Superior Court. Attorneys for the disabled BART riders are seeking a court order requiring the train district to beef up its elevator and telephone services for the disabled.

In response, Alameda County Superior Court Judge Donald McCullum ordered further hearings on the issue of telephone accessibility to the handicapped for Jan. 30.

While not limiting the hearing to that issue alone, however, McCullum said he was not convinced that the issue of BART's staffing of its stations needs further court hearings. "I don't want to monitor a public agency," the judge said, later explaining that his concern is particularly with the complaints about using telephones from people with manual dexterity problems.

Leslie Levy, attorney for Kathi Pugh, a wheelchair-bound Berkeley woman who is one of the plaintiffs in a \$1.8 million lawsuit filed against BART, said the district fails to provide "equal access to handicapped patrons" even though it receives state and federal tax monies on condition that it do so.

BART attorney James Rosenquist assured the court that BART provides "at least minimal accessibility" to the handicapped. Wheelchair-bound disabled riders use elevators to get in and out of stations while other patrons use stairways and escalators.

Rosenquist also questioned whether the court "should get involved" in what he called "a political question rather than a legal question" since he said BART maintains "minimal accessibility."

The disabled riders, however, contend that they are sometimes late for work, that they miss appointments, suffer humiliation and frustration, and expose themselves to greater risk of crime because BART fails to provide for them.

Levy said, for example, that station agents leave stations during their 15-minute breaks and that if a handicapped person calls for assistance during that time, no one is available to help. Hailing a train operator does no good, Levy said, because operators do not know how to call an elevator.

BART also fails to install temporary station agents if an agent calls in sick, Levy charged. "That is tantamount to shutting (the disabled) out of the station entirely."

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